

**Getting ready
for the BAC**



Ranca Aureliana
Aiud, 2025

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Getting ready for the BAC exam

Reading and listening comprehension

Aiud, 2025

UNDERSTANDING THE READING

LEVEL A2



SUBJECT 9: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

J.K. Rowling: From Failure to Success

J.K. Rowling is a famous British writer. She is best known for the *Harry Potter* books. But her life was not always easy. Before she became successful, she had many problems.

Rowling was born in 1965 in England. As a child, she loved reading and writing stories. She wrote her first story when she was only six years old. Later, she studied at university and worked in different jobs. She even worked as a teacher in Portugal for some time.

Her life changed when she had the idea for *Harry Potter*. She was on a train when the story came to her. She started writing the first book, but life was difficult. She was a single mother, had very little money, and was even living on government help. Many people said she would never be a writer.

She sent the first *Harry Potter* book to many publishers, but they all said no. Finally, one small publisher said yes. The book became very popular. After that, Rowling wrote six more *Harry Potter* books. The series became a huge success. The books were translated into many languages and made into films. She became one of the richest authors in the world.

Rowling's story shows that failure is not the end. She kept going, even when life was hard. She believed in her story, and in the end, she succeeded.

Comprehension Questions

1. J.K. Rowling always had an easy and rich life.

A. Right

B. Wrong

C. Doesn't Say

2. Rowling got the idea for *Harry Potter* while she was on a train.

A. Right

B. Wrong

C. Doesn't Say

3. J.K. Rowling has written books for children and cookbooks for adults.

A. Right

B. Wrong

C. Doesn't Say

4. The first publisher she contacted said yes to her book.

A. Right

B. Wrong

C. Doesn't Say

5. Rowling was a teacher in Portugal before she became a writer.

A. Right

B. Wrong

C. Doesn't Say

UNDERSTANDING THE READING

LEVEL B2



SUBJECT 1: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

Teenagers and Music

Music has always been an essential part of human culture, but for teenagers, it plays an even more significant role. During the teenage years, people go through various emotional, physical, and social changes. Music often becomes a way to express feelings, form identities, and connect with others. Whether it's through listening, playing instruments, or attending concerts, teenagers use music as a tool to navigate their complex world.

One reason why music is so important to teenagers is that it helps them express emotions they might not yet know how to describe in words. Songs about love, friendship, heartbreak, or frustration can perfectly capture what a teenager is feeling. When teens listen to music that reflects their mood, they often feel understood, even if the artist has never met them. This emotional connection can be comforting during a time when young people are trying to figure out who they are.

Additionally, music helps teenagers build their personal identity. The genres, bands, or artists a teenager chooses to listen to often reflect their personality and values. For example, a teenager who listens to rock music might identify with themes of rebellion or independence, while someone who prefers pop music might enjoy songs about relationships and fun experiences. By choosing certain types of music, teenagers communicate their interests to others and feel part of a larger community.

Music is also a powerful social tool. Teenagers often bond with friends over shared musical tastes. Discussing a new album, exchanging playlists, or attending concerts together helps strengthen friendships. Music festivals and live shows are not only about the artists performing but also about the shared experience of enjoying music with others. In fact, many teenagers say that some of their best memories involve music-related activities with their friends.

Another important aspect of music in teenagers' lives is its influence on mental health. Listening to music can help reduce stress, improve mood, and even increase focus while studying. For some teens, playing an instrument or writing songs becomes a healthy way to deal with difficult emotions. Studies have shown that teenagers who engage in musical activities often have higher levels of creativity and better emotional well-being.

However, not all influences of music are positive. Some parents and teachers worry that certain types of music may encourage negative behavior. For example, songs with violent or offensive lyrics can sometimes promote aggressive attitudes. Additionally, there's a concern that the pressure to follow musical trends might make teenagers feel excluded if they don't enjoy popular artists. Social media can intensify this pressure, as teens are constantly exposed to what others are listening to.

Despite these concerns, most experts agree that the positive effects of music outweigh the negatives. The key is helping teenagers develop critical thinking about the media they consume. Instead of banning certain songs, adults can encourage open conversations about lyrics, messages, and personal tastes. This approach helps teenagers make informed choices and develop their own opinions.

Technology has also changed the way teenagers experience music. In the past, people bought CDs or listened to the radio. Today, streaming services like Spotify or Apple Music allow teenagers to access millions of songs instantly. This has made music more accessible than ever, but it has also changed listening habits. Playlists and personalized recommendations mean that teens often listen to a wide variety of music rather than sticking to just one genre.

Moreover, platforms like TikTok have made music even more integrated into teenagers' daily lives. A song can go viral in a matter of days, and many teens discover new music through short videos. This fast-paced environment has created new opportunities for artists and fans alike, but it also means that songs become popular and disappear much more quickly than before.

In conclusion, music is a central part of teenage life. It helps young people express themselves, connect with others, and manage their emotions. While there are some potential downsides, music's influence is mostly positive. By encouraging thoughtful discussions and providing access to diverse types of music, adults can support teenagers in making the most out of their musical experiences.

Comprehension Questions

- 1. Why is music important for teenagers?**
 - A. It helps them with school subjects.
 - B. It allows them to express emotions and form identities.
 - C. It teaches them how to play instruments.
 - D. It prevents them from using social media.
- 2. How does music help teenagers express their feelings?**
 - A. By teaching them to sing professionally.
 - B. By encouraging them to avoid friendships.
 - C. By helping them become famous artists.
 - D. By providing songs that describe emotions they feel
- 3. What is one way teenagers use music to build their identity?**
 - A. By listening to songs that match their personality and values.
 - B. By avoiding mainstream music.
 - C. By copying what their friends listen to without thinking.
 - D. By only playing classical music.
- 4. What role does music play in teenagers' friendships?**
 - A. It often causes arguments about taste.
 - B. It has no effect on social relationships.
 - C. It helps teenagers bond over shared interests.
 - D. It is only important for people who attend music school.
- 5. How can music influence teenagers' mental health positively?**
 - A. It always makes them want to become musicians.
 - B. It can reduce stress and improve their mood.
 - C. It encourages them to use social media more.

- D. It distracts them from their studies.
- 6. What is a common concern about music's negative influence?**
- A. That all music leads to violence.
 - B. That offensive lyrics might promote bad behavior.
 - C. That listening to music is a waste of time.
 - D. That teenagers spend too much money on CDs.
- 7. What do experts suggest about helping teenagers deal with music's influence?**
- A. Banning songs with offensive lyrics.
 - B. Forcing teenagers to listen to classical music.
 - C. Limiting their music time to 10 minutes per day.
 - D. Encouraging critical discussions about music.
- 8. How has technology changed teenagers' music habits?**
- A. They now only listen to music on the radio.
 - B. They have less access to new songs.
 - C. Streaming services allow them to explore many genres.
 - D. They no longer share music with friends.
- 9. What is a key influence of platforms like TikTok on music?**
- A. New songs can become viral very quickly.
 - B. Songs become popular and stay famous for many years.
 - C. Teens use TikTok only for watching funny videos.
 - D. Artists no longer create music videos.
- 10. What is the main idea of the text?**
- A. Music is a harmful influence on teenagers.
 - B. Teenagers should only listen to educational music.
 - C. Music plays an important and mostly positive role in teenage life.
 - D. Social media has ruined the music industry for teenagers.

SUBJECT 2: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

Teenagers and Music: The Beat that Shapes a Generation

Music has always been much more than just sounds and rhythms. It is a powerful form of expression, a source of comfort, and one of the most important ways for people, especially teenagers, to connect with themselves and each other. For 16- to 18-year-olds, music is often an essential part of daily life, influencing emotions, ideas, relationships, and even identity.

Why is music so appealing to teenagers? Adolescence is a time when people are exploring who they are, and music provides a safe space for this exploration. Music not only entertains, but it also gives teens the words and melodies to express feelings they might find difficult to share otherwise. Lyrics about love, friendship, heartbreak, dreams, and rebellion speak directly to teenage experiences. Many teenagers see their favorite musicians and bands as role models, not just for their talent but also for the ways they challenge norms and speak out on social issues.

The Role of Music in Emotional Well-Being

Listening to music can have a strong effect on a young person's mood. When feeling stressed about school or life, putting on a favorite song can relax the mind. Fast, energetic music can pump up motivation before an exam or a sports match, while calm, slow tracks can help with relaxation or sleep. Many teenagers say that music is their "escape"—a way to forget about worries for a while or to find hope during hard times.

Furthermore, some research suggests that music can help teenagers process emotions in a healthy way. Singing along to a favorite song or writing lyrics can allow teens to express sadness or anger without hurting themselves or others. Group activities like playing instruments or singing in a choir can also boost confidence and teamwork skills.

How Do Teenagers Discover New Music?

With the rise of technology, the ways teenagers find and listen to music have changed dramatically. In the past, radio and television shows were the main ways to hear new songs. Today, streaming platforms like Spotify, Apple Music, and YouTube give instant access to millions of tracks from around the world. Social media apps like TikTok and Instagram are full of "viral" songs that teenagers can share with friends or use in their own videos.

Playlists, algorithms, and online communities suggest new artists and genres based on listening habits. Teenagers no longer have to rely on recommendations from family or local stores; instead, they can discover indie bands in Canada, K-Pop stars in South Korea, or hip-hop artists in the United States with just a click. This global exchange means that music trends spread faster than ever.

Music and Social Identity

For many teenagers, favorite genres and artists become part of their identity. Whether someone loves rock, pop, rap, electronic, or classical, their tastes often influence the clothes they wear, the people they hang out with, and the way they see the world. For example, teenagers who are passionate about punk music may wear leather jackets and adopt a rebellious attitude, while fans of indie folk might enjoy quiet gatherings with acoustic instruments.

Sometimes, musical preferences even lead to strong social groups. Friends bond over concert experiences, create playlists for road trips, or spend hours online discussing new releases. These communities provide a sense of belonging that can be comforting during the challenging teenage years.

Music as a Tool for Learning

Music doesn't just help with emotions—it can also support academic and personal development. Studies show that learning to play an instrument improves memory, attention, and problem-solving skills. Singing in a second language makes it easier to learn new vocabulary and pronunciation. Some teachers use music to explain historical events or social movements, making lessons more interesting and memorable.

Of course, using music as a study aid depends on the person. While some teens focus better with quiet background tracks, others are distracted by lyrics or beats. It's important for each student to find what works best for them, whether that means listening to classical for concentration or taking music breaks to refresh the mind.

Balancing Music with Life

With unlimited music available at all times, it is easy for teenagers to spend hours with headphones on. While this can be enjoyable, it is important to keep a healthy balance. Too much time with music, especially using headphones at high volume, can sometimes lead to hearing problems or social isolation. Experts recommend taking breaks and protecting ears with moderate volume levels.

Additionally, teenagers should remember that real-life connections are just as important as digital ones. Sharing music in person—like attending concerts, joining a band, or simply listening with friends—can create memories and friendships that last long after the song ends.

Music and the Future

The connection between teenagers and music is likely to stay strong, even as listening habits change. New technology will bring new ways to create, share, and experience music. Artificial intelligence may soon help teens compose original songs or remix their favorite tracks with just a few clicks.

Above all, music will always play a role in helping young people make sense of the world and their place in it. Whether as fans or creators, teenagers are sure to keep shaping the future of music—and letting music shape them in return.

Comprehension Questions

1. Why do many teenagers feel connected to the lyrics in their favorite songs?
 - A. Because the lyrics are always funny.
 - B. Because the lyrics often describe experiences and feelings typical for teenagers.
 - C. Because they are written by teenagers.
 - D. Because they are usually in their own language.
2. What is one benefit of participating in group music activities for teenagers?
 - A. It guarantees good grades.
 - B. It improves teamwork and confidence.
 - C. It makes them famous.
 - D. It replaces school assignments.
3. How has technology changed the way teenagers discover music?
 - A. Technology has made it harder to listen to music.
 - B. Teenagers only listen to local music.
 - C. Technology allows instant access to global music and suggestions.
 - D. Teenagers do not use technology for music.
4. How can musical preferences influence a teenager's social life?
 - A. They do not influence social life.
 - B. They influence only school subjects.
 - C. They can affect friendships, clothing style, and group identity.
 - D. Only teachers care about musical preferences.
5. What is one academic benefit of learning to play an instrument?
 - A. It improves memory and attention.
 - B. It distracts from homework.
 - C. It hurts memory.
 - D. It is useless for school.
6. Why should teenagers be careful about listening to music with headphones?
 - A. It is illegal.
 - B. It can cause hearing problems if played too loudly.
 - C. It increases social popularity.
 - D. Teachers recommend it for studying.
7. What do experts suggest about balancing music with other activities?
 - A. Spend as much time as possible with music.
 - B. Avoid music completely.
 - C. Balance music listening with other real-life connections.
 - D. Only listen to music alone.
8. How can music help teenagers deal with difficult emotions?
 - A. By preventing them from feeling anything.
 - B. By allowing healthy expression of emotions through lyrics or playing.
 - C. By making them forget their problems forever.

D. By increasing their anger.

9. What may be a future change in the way teenagers experience music?

- A. No new changes are expected.
- B. Only live music will exist.
- C. Music will no longer be available online.
- D. Artificial intelligence may assist in creating music.

10. What is the article's main idea about teenagers and music?

- A. Music is not important for teenagers.
- B. Music only causes problems.
- C. Music is a vital part of teenagers' lives, influencing emotions, learning, and identity.
- D. Only adults benefit from music.

SUBJECT 3: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

Teenagers and Books: Why Don't Teens Read as Much Anymore?

For many previous generations, reading books was a favorite pastime. Yet, today, fewer and fewer teenagers choose to pick up a novel or non-fiction book in their free time. What has caused this drop in reading among 16- to 18-year-olds? The answer isn't simple, but it is a combination of changes in technology, lifestyle, and attitudes towards reading.

The Digital Distraction

One of the biggest reasons teenagers aren't reading as much is the rise of digital technology and social media. Most teenagers today have smartphones or tablets and spend a significant amount of time online. On average, teens spend over 8 hours each day looking at screens, mostly using apps like TikTok, Instagram, YouTube, or playing games. With so much entertainment and information instantly available, sitting down with a book often feels less attractive. Teenagers can watch videos, scroll through social media, or chat with friends, all of which offer instant excitement with less effort.

Social media doesn't just compete for attention; it shapes how young people expect to receive information. On social platforms, everything is short, visual, and constantly updated. In contrast, reading a book takes patience and focus. Many teenagers now say that a book feels "too long" or "too slow" when compared to the fast pace of online life. Even when books are available on electronic devices, teens don't spend much time reading them—most of their screen time is spent on other activities.

Busy Schedules

Teenagers today are busier than ever. School assignments, extracurricular activities, part-time jobs, and social events leave very little free time. When they finally do have a break, many teens prefer to relax by watching TV or spending time with friends rather than reading. Homework also adds to the problem—because required reading is often seen as "work," reading for fun can feel less appealing. Some students even associate reading with boredom or stress, especially if the books assigned in school don't interest them.

Lack of Choice and Relevance

Another reason teenagers turn away from books is that they often don't see themselves or their interests reflected in what they are expected to read. Many teens say that the books chosen by teachers are old, too difficult, or simply not exciting. When teenagers have no say in what they read, they lose motivation. In contrast, research shows that teenagers are much more likely to enjoy—and finish—a book if they choose it themselves. But not all teens know how to find books that truly interest them, and libraries or stores may not offer the variety they want.

The "Movie" Effect

Today, almost every major bestselling book is eventually turned into a movie or TV show. For many teens, it's much easier to watch a two-hour film than to spend days or weeks reading the book. Once they've seen the movie version, there's little motivation to read the longer, possibly more detailed, written story. This "movie effect" makes books seem unnecessary for entertainment.

Changing Social Attitudes

Another surprising factor is the attitude of adults and schools. In some places, teachers and parents no longer expect teenagers to read whole books, believing it's "too much" for students to handle. If adults don't value reading, young people are less likely to see it as important. Peer pressure can also play a role. For some, reading is seen as "uncool," while spending time online or gaming is more socially acceptable.

Are All Teenagers the Same?

Of course, not every teenager dislikes reading. Some teens love losing themselves in a story and read every day. Research suggests there are different types of readers among teenagers: some are "fiction fanatics" who read a lot, others are "casual dabblers" who read a little now and then, and about 30% say they do not read for pleasure at all. Many teenagers would consider reading more if they could find books that match their interests or make them laugh, feel inspired, or help them escape reality for a while. The key is often choice and variety.

Why Does This Matter?

Reading books is more than just a hobby. Studies show that regular reading helps teenagers increase their vocabulary, improve their writing, and think more deeply. It is also linked to better school performance and problem-solving skills. When reading becomes less common, teenagers may find academic work harder, especially tasks that require careful attention and understanding long, complex ideas.

What Can Be Done?

Encouraging teenagers to read doesn't mean forcing them to read a specific novel. Instead, it helps to give teens choice, expose them to many genres, and let reading be about enjoyment, not just school. Short stories, graphic novels, biographies, and even magazines can all be starting points. Adults can set an example by reading themselves and sharing books they enjoy. Creating opportunities for teens to talk about books, join clubs, or visit libraries can also help. In the end, making reading a positive and personal experience, instead of a chore, is one of the best ways to encourage the habit.

Comprehension Questions

1. Why do many teenagers spend less time reading books?
 - A. Because books are too expensive.
 - B. Because technology and social media compete for their attention.
 - C. Because books are unavailable.
 - D. Because schools ban reading.

2. What do teenagers often prefer to do in their free time instead of reading?
 - A. Playing board games.
 - B. Cooking meals.
 - C. Using social media or watching TV.
 - D. Gardening.

3. Why do school-assigned books sometimes make teenagers dislike reading?
 - A. These books are always in a foreign language.
 - B. The books are too similar to each other.
 - C. The books may not match teenage interests or are seen as “work.”
 - D. The books are too short.

4. What impact does watching movies based on books have on teenage reading?
 - A. It often replaces the motivation to read the book.
 - B. It makes them want to read the book more.
 - C. It has no effect.
 - D. It encourages teens to write books.

5. How does lack of choice in reading material affect teenagers?
 - A. It makes them read more.
 - B. It increases their interest in all books.
 - C. It reduces motivation and enjoyment in reading.
 - D. It has no effect on reading habits.

6. What happens when adults have low expectations for teenage reading?
 - A. Teenagers read more.
 - B. Teenagers ignore adults’ opinions.
 - C. All teenagers start reading non-fiction.
 - D. Teenagers are less likely to value reading.

7. Which group of teenagers is most likely to enjoy and finish a book?
 - A. Those who are forced to read.
 - B. Those who choose the book themselves.
 - C. Those who read only magazines.
 - D. Those who dislike stories.

8. What can regular reading help improve in teenagers?
 - A. Sports performance.
 - B. Vocabulary, writing, and problem-solving skills.
 - C. Driving skills.
 - D. Musical talent.

9. What is one possible solution to encourage teenagers to read more?
 - A. Forcing them to read more textbooks.
 - B. Giving only one genre to read.
 - C. Providing a variety of book choices and letting teens pick.
 - D. Hiding their phones.

10. According to research, what percentage of teens do not read for pleasure at all?
- A. 70%
 - B. 50%
 - C. 30%
 - D. 10%

SUBJECT 4: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

The Power and Influence of Social Media on Teenagers

For teenagers aged 16 to 18, social media is almost impossible to ignore. It has changed many aspects of modern life, from the way people communicate and learn about current events to how they make friends and build self-confidence. The world’s most popular social media platforms—like Instagram, Snapchat, TikTok, and YouTube—are not just websites or apps. For most teens, they are everyday spaces for social interaction, entertainment, and self-expression.

Why is social media so appealing to teenagers? Firstly, it provides a platform to stay connected with friends, especially those who live far away or go to different schools. It’s easier than ever to organize group events, share photos and memories, and keep up with what everyone is doing. Social media also allows teens to make new friends thanks to shared interests in music, art, gaming, or sports.

Creativity and Identity

One major benefit of social media is the opportunity for creative expression. Teenagers use these platforms to show off talent in photography, music, dance, or digital art. Short videos, memes, and stories let teens experiment with humor, performance, and storytelling. It’s common to find teens starting YouTube channels, running art accounts on Instagram, or joining TikTok dance challenges. For many young people, this is not just fun but also helps them discover who they are and what they care about.

In addition, social media can help teenagers gain confidence. Receiving “likes,” positive comments, or followers can be rewarding, motivating teens to develop their skills and share their interests with a wider audience. Some even turn these hobbies into careers, finding jobs as influencers, designers, or video editors.

Communication and Friendship

Social media has made it easier for shy or introverted teenagers to communicate. Text messages, comments, and group chats can feel less intimidating than face-to-face conversations. Online groups and forums allow teens to connect with others who have similar hobbies or life experiences, helping them feel less alone.

However, it’s important to be aware of the possible negatives. Online communication can sometimes lead to misunderstandings or bullying. Without facial expressions or tone of voice, it’s easy to misinterpret a message. Cyberbullying and online harassment are real problems that can affect confidence and mental health. It’s important for teens to know how to block, report, or ignore negative behavior and to use privacy settings wisely.

Information and Inspiration

Social media is also a key source of news and information for young people. Teenagers can follow their favorite celebrities, learn about current events, or discover educational content, such as science

facts, language lessons, or history videos. This makes learning informal and entertaining, and it encourages curiosity.

On the other hand, it can sometimes be hard to tell if the information on social media is true. Fake news, misleading stories, or heavily edited photos and videos can trick even the smartest users. Many schools now teach media literacy, helping students to check sources and think critically about what they see online.

Trends and Social Pressure

Social media trends change quickly. Viral videos, challenges, or memes can appear and disappear in just a few days. Being “in the know” about the latest trend can help teens feel like they belong. However, this can also lead to social pressure. Some teenagers may feel they must dress a certain way, buy specific products, or act like influencers to fit in. Unrealistic standards for appearance, lifestyle, or achievement can cause stress and affect self-esteem.

It’s important to remember what’s posted online is only a small part of someone’s real life. Most people, including influencers, share only the highlights or the most exciting moments. Comparing oneself to these “perfect” images can lead to jealousy or sadness, so it’s healthy to spend some time offline and focus on real-world relationships and hobbies.

Balance and Wellbeing

The best approach to social media is balance. Used thoughtfully, it can be a powerful tool for enjoyment, learning, connection, and creativity. Setting limits, choosing positive content, and remembering to spend time outside or with friends and family are important for health and happiness. Social media should add to life, not take away from it.

New platforms, features, and challenges will continue to appear, but the basics stay the same—being kind online, protecting privacy, and thinking before posting are always wise. By making informed choices, teenagers can enjoy the many benefits of social media while staying safe and confident.

Comprehension Questions

1. What is a main reason social media is popular among teenagers?
 - A. It provides cooking lessons.
 - B. It helps them stay connected with friends.
 - C. It avoids all types of communication.
 - D. It replaces all real-life experiences.
2. How do many teenagers express their creativity on social media?
 - A. By copying rules from others.
 - B. By sharing hobbies, art, and videos.
 - C. By ignoring new trends.
 - D. By avoiding technology.

3. What is one benefit for shy teenagers using social media?
 - A. They stop talking to everyone.
 - B. It makes face-to-face conversation harder.
 - C. They can communicate more easily online.
 - D. It stops them from making friends.

4. What can be a negative effect of online communication?
 - A. Improved self-esteem.
 - B. Misunderstandings or cyberbullying.
 - C. More outdoor activity.
 - D. Fewer friends.

5. Why is media literacy important for social media users?
 - A. It helps users cook faster.
 - B. It teaches how to read faster.
 - C. It helps identify fake or misleading information.
 - D. It ends creativity.

6. What is a risk of following unrealistic trends on social media?
 - A. It is always healthy.
 - B. It can cause stress and lower self-esteem.
 - C. It increases reading skills.
 - D. It guarantees popularity.

7. How can teenagers stay safe on social media?
 - A. By sharing passwords with everyone.
 - B. By ignoring privacy settings.
 - C. By using privacy settings and blocking negative users.
 - D. By posting everything about their lives.

8. What is the best way to use social media according to the text?
 - A. Maintain a healthy balance and choose positive content.
 - B. Spend all day online without breaks.
 - C. Use it only for gossip.
 - D. Avoid it forever.

9. What should teenagers remember about what they see online?
 - A. Everything is 100% true.
 - B. Only adults use social media.
 - C. There are no edited photos online.
 - D. Most people only share positive or exciting moments.

10. How can social media help teenagers learn?
 - A. Only by sharing jokes.
 - B. By following educational pages and content.
 - C. By never reading news.
 - D. By copying everything from others.

SUBJECT 5: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

The Influence of Social Media on Young Adults

In today's digital world, social media plays a major role in the lives of young adults. Platforms like Instagram, TikTok, Snapchat, and X (formerly Twitter) are not just used for communication, but also for entertainment, education, and even earning money. While social media has many positive aspects, it also has some negative effects that are important to understand, especially for people around 18 years old.

Why is social media so popular among teenagers and young adults?

Firstly, social media gives people the ability to connect with friends, no matter where they are. Whether someone is studying abroad or simply living in another city, they can easily keep in touch. This sense of connection can make people feel less lonely and more supported. Social media also allows users to share important moments of their lives, such as birthdays, holidays, or personal achievements.

Another reason for its popularity is entertainment. Short videos, memes, and viral trends are easy to watch and share. For many 18-year-olds, scrolling through content has become part of their daily routine. In addition, many people use social media as a source of news and information. Although not all sources are reliable, platforms often provide quick updates on current events.

The good side of social media

Social media can be educational and inspiring. There are accounts that teach science, history, art, and language in fun and creative ways. Others promote mental health awareness, self-confidence, and kindness. Some young adults follow fitness or cooking influencers to improve their own lifestyle. Social media can also help people discover job opportunities, scholarships, and internships.

Moreover, it allows people to express themselves freely. Whether it's sharing photography, opinions, or music, social media gives users a voice. Many 18-year-olds feel empowered when their content receives positive feedback. This can improve self-esteem and encourage creativity.

The downside of social media

However, not everything on social media is good. One of the biggest concerns is the effect it can have on mental health. Constant comparison with others' "perfect" lives can lead to feelings of inadequacy or low self-worth. What many people forget is that social media often shows only the best parts of someone's life, not the full picture.

There is also the issue of addiction. Spending too much time online can affect sleep, school performance, and real-life relationships. Many young adults find it difficult to focus or relax without checking their phones. This kind of dependency can be harmful in the long run.

Cyberbullying is another serious problem. Because people can hide behind screens, they sometimes say things they wouldn't say in person. This can cause emotional stress, especially for teenagers. Even a single negative comment can have a strong impact on someone's mental health.

Balancing the digital life

It's important to find a healthy balance when using social media. Experts suggest setting time limits, turning off notifications, or having "phone-free" hours during the day. Instead of just scrolling, people should focus on using social media for positive reasons—learning something new, connecting with supportive communities, or sharing their creativity.

Also, being critical of what we see online is essential. Not all information is true, and not all influencers are trustworthy. Learning to question sources and understand the purpose of content is a key skill in today's world.

Conclusion

Social media is a powerful tool that has changed how young adults live, learn, and connect. It offers many opportunities, but also some risks. By being mindful of how they use these platforms, 18-year-olds can enjoy the benefits of social media while protecting their mental and emotional well-being.

Comprehension Questions

1. What is one reason social media is popular among young adults?

- A. It replaces the need for real friendships
- B. It helps them earn university degrees
- C. It allows them to stay connected with friends
- D. It limits their access to information

2. According to the text, how can social media be educational?

- A. By offering long academic lectures
- B. Through fun and creative content on various topics
- C. By avoiding entertainment-related content
- D. By encouraging people to stop using it

3. What does the text say about expressing oneself on social media?

- A. It is only useful for famous people
- B. It often leads to more negative comments
- C. It gives users a chance to share their creativity
- D. It reduces the amount of time spent online

4. What is one negative effect of constantly comparing oneself to others online?

- A. Better communication skills
- B. Increased academic success
- C. Feelings of low self-worth
- D. More interest in social activities

5. What does the text say about cyberbullying?

- A. It rarely affects mental health
- B. It helps people become stronger
- C. It is not common on social media
- D. It can cause emotional stress

6. Which of the following is a suggested way to manage social media use?

- A. Posting more content daily
- B. Ignoring privacy settings
- C. Turning off notifications
- D. Following more influencers

7. Why do some people feel addicted to social media?

- A. They want to learn more languages
- B. They are forced to use it for school
- C. They find it difficult to stop checking their phones
- D. It helps them sleep better

8. What is the author's opinion about influencers?

- A. They should be questioned like other sources
- B. Their content is always educational
- C. All influencers are positive role models
- D. They never give wrong advice

9. What does the author mean by "phone-free" hours?

- A. Time spent playing games on the phone
- B. Hours when the phone is fully charged
- C. Using the phone only for texting
- D. Periods without using the phone

10. What is the main message of the text?

- A. Young adults should stop using social media
- B. Social media is more harmful than helpful
- C. Social media has both advantages and disadvantages
- D. Only older people should use social media

SUBJECT 6: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

Music Festivals in Romania: A Summer to Remember

Every summer, thousands of young people gather in cities and towns across Romania to experience something unforgettable: music festivals. Whether you love electronic beats, rock, pop, or indie music, Romania has a festival for every taste. These events are not just about music—they are also about friendship, freedom, and fun. For many 18-year-olds, going to a festival is the highlight of the year.

Untold Festival – The Magic of Cluj-Napoca

Perhaps the most famous music festival in Romania is **Untold**, which takes place in Cluj-Napoca. Launched in 2015, Untold quickly became one of Europe’s top electronic music festivals. It usually lasts for four days in early August and features world-famous DJs like Armin van Buuren, David Guetta, and Martin Garrix.

But Untold is more than a concert—it's a magical world. The stages are decorated with fantasy themes, light shows, and fireworks. There are also street performances, dancers in costumes, and even actors walking around to entertain the crowd. Many festival-goers say that Untold feels like a dream you don’t want to wake up from.

Electric Castle – Music and Rain at a Castle

If you enjoy a mix of electronic, indie, rock, and hip-hop, **Electric Castle** is the perfect festival for you. Held every July at Bánffy Castle in Bontida, near Cluj-Napoca, the festival is known for its unique location. Imagine dancing with friends in the yard of a real castle!

Electric Castle is famous for two things: its great music and its unpredictable weather. Almost every year, it rains at least once during the festival. But instead of ruining the fun, the mud has become part of the tradition. People come prepared with rubber boots and raincoats—and many say it adds to the adventure.

Neversea – Beach Vibes in Constanța

For those who prefer the sound of waves and warm sand under their feet, **Neversea Festival** in Constanța is a top choice. This beach festival takes place every July and attracts fans of dance, house, and pop music. The festival site is right next to the Black Sea, so you can swim during the day and dance all night.

Neversea is often called the "summer sister" of Untold. It has a similar atmosphere, with big names in music, colorful lights, and a youthful crowd. For many 18-year-olds finishing school or starting university, Neversea is the perfect way to celebrate the summer.

Smaller Festivals, Big Experiences

Besides the big names, Romania also offers smaller festivals with more relaxed vibes. **Jazz in the Park** in Cluj-Napoca is great for those who enjoy jazz, blues, and indie music. You can sit on the grass, listen to live bands, and enjoy art installations.

Summer Well, near Bucharest, focuses on alternative and indie music and is popular for its stylish, Instagram-worthy setup. **Rockstadt Extreme Fest**, held in the mountains, is a paradise for heavy metal fans.

These smaller festivals often have fewer people and more space to relax. They may not feature international superstars, but they offer great music and a more personal experience.

Tips for First-Time Festival-Goers

If you're 18 and planning to attend your first festival, here are some tips. First, plan early. Tickets for big events like Untold and Neversea sell out quickly, and prices go up the longer you wait. Second, prepare for all weather conditions—bring sunscreen, a hat, and a raincoat. Don't forget comfortable shoes!

Also, stay safe. Festivals are fun, but it's important to look after yourself and your friends. Drink enough water, take breaks when needed, and keep your phone charged. Most festivals have special areas for lost & found, medical help, and information.

Finally, enjoy the moment. A music festival is not just a place to hear songs—it's a memory that lasts forever. Whether you're dancing in the rain at Electric Castle or watching the sunrise at Neversea, you're living something special.

Comprehension Questions

1. What is the main idea of the text?

- A. Different music festivals young people can enjoy in Romania
- B. Romanian food at music festivals
- C. The history of Romanian traditional music
- D. The problems with music festivals

2. Which festival is held at a castle?

- A. Untold
- B. Neversea
- C. Electric Castle
- D. Jazz in the Park

3. What makes Neversea special compared to other festivals?

- A. It happens in the mountains
- B. It is held during winter
- C. It only features jazz music
- D. It takes place by the sea

4. Why is rain considered part of the Electric Castle experience?

- A. Because people like to leave early
- B. Because the music stops when it rains
- C. Because festival-goers expect it and enjoy the mud
- D. Because the castle leaks water

5. Which of the following is true about Untold Festival?

- A. It has only Romanian artists
- B. It takes place near the Black Sea
- C. It features fantasy-themed decorations and shows
- D. It lasts for ten days

6. What kind of music can you expect at Jazz in the Park?

- A. Heavy metal and punk
- B. Jazz, blues, and indie
- C. Pop and dance
- D. Opera and classical

7. Why do many young people go to music festivals?

- A. To learn new instruments
- B. To get better grades in school
- C. To have fun and enjoy music with friends
- D. To become professional DJs

8. What is one thing the author recommends bringing to a festival?

- A. An umbrella and business cards
- B. Comfortable shoes and a raincoat
- C. A book and a laptop
- D. Winter clothes and snow boots

9. What is a reason to choose smaller festivals?

- A. They are usually held indoors
- B. They always have the most famous artists
- C. They offer a more relaxed and personal atmosphere
- D. They are only for older people

10. What is the author's final message about music festivals?

- A. Don't go if you don't like loud music
- B. It's best to avoid crowds
- C. Young people should not attend them
- D. They are unforgettable experiences worth having

SUBJECT 7: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

"Spider-Man: No Way Home" – A Superhero Film That Connects Generations

In December 2021, **"Spider-Man: No Way Home"** was released in cinemas and quickly became one of the most successful films in recent history. Teenagers around the world rushed to watch it, not just for the action and special effects, but for the story, the surprises, and the emotions. For many 18-year-olds, it was more than a superhero movie—it was a nostalgic, emotional, and unforgettable experience.

A New Chapter in the Spider-Man Universe

"Spider-Man: No Way Home" is the third film in the Spider-Man series starring Tom Holland as Peter Parker. It follows the events of "Spider-Man: Far From Home," where Peter's identity as Spider-Man is revealed to the public. The world suddenly turns against him, and he struggles with the pressure of fame and responsibility.

Desperate to fix his life, Peter asks Doctor Strange, a powerful wizard, to erase everyone's memory of his identity. But something goes wrong with the spell, and it opens the "multiverse"—a connection between different universes. This allows characters from earlier Spider-Man films, including villains and even previous versions of Spider-Man, to enter Peter's world.

The Return of the Past Spider-Men

One of the biggest surprises of the film is the return of **Tobey Maguire** and **Andrew Garfield**, who played Spider-Man in earlier film series. Their appearance was kept secret before the film's release, which made it an emotional moment for fans when they finally appeared on screen.

For older teenagers who grew up watching Garfield or Maguire's Spider-Man, seeing them return was like meeting old friends. The film managed to unite three generations of Spider-Man fans, each with their favorite actor and version of the superhero.

A Story About Choices and Growth

What makes "No Way Home" special is not just the action, but its message. Throughout the film, Peter Parker learns difficult lessons about sacrifice, loss, and growing up. He tries to help the villains instead of fighting them. He wants to fix things rather than destroy them. This shows a more mature, responsible side of Spider-Man.

The film also explores the pain of losing loved ones. Peter loses his Aunt May, one of the most emotional moments in the movie. Her death teaches him what it truly means to be a hero—not to get praise or recognition, but to make the right choices, even when they're hard.

Why Teenagers Love It

There are many reasons teenagers love “No Way Home.” First, it’s filled with exciting action scenes, cool fight sequences, and stunning visual effects. Second, the humor is fresh and relatable, thanks to the chemistry between Peter and his best friends, Ned and MJ.

But more importantly, it connects to real feelings. Teenagers can relate to Peter’s confusion, mistakes, and desire to do good. The film shows that even superheroes struggle with problems, friendships, and identity—just like regular people.

Also, the idea of the multiverse makes it feel bigger than a typical movie. It’s full of surprises, but also emotion and depth. Fans laughed, cried, and cheered in cinemas around the world. Many watched it more than once.

A Box Office Hit

“Spider-Man: No Way Home” earned over \$1.9 billion globally, becoming one of the highest-grossing films of all time. It was praised by both fans and critics for its writing, performances, and emotional impact.

It proved that superhero films can be more than explosions and costumes—they can tell meaningful stories that bring people together.

Conclusion

“Spider-Man: No Way Home” is a film that left a strong impression on teenagers around the world. With its exciting plot, emotional moments, and beloved characters, it reminded fans why they fell in love with Spider-Man in the first place. For many, it wasn’t just a movie—it was a moment they’ll never forget.

Comprehension Questions

1. What is the main reason many teenagers loved “Spider-Man: No Way Home”?

- A. It only had new characters and no old ones
- B. It was a romantic comedy
- C. It combined action, emotion, and nostalgia
- D. It was only available on streaming platforms

2. What causes the multiverse to open in the film?

- A. Spider-Man travels to space
- B. A mistake during a magic spell
- C. Peter builds a time machine
- D. The villains escape from prison

3. Which characters return from older Spider-Man films?

- A. New Avengers
- B. Only the villains
- C. Previous versions of Spider-Man and villains

D. Characters from Iron Man movies

4. What lesson does Peter Parker learn after Aunt May's death?

- A. To hide his identity forever
- B. To get revenge on everyone
- C. What it truly means to be a hero
- D. That superheroes shouldn't have families

5. How did fans feel when Tobey Maguire and Andrew Garfield appeared in the movie?

- A. Angry that the film had too many characters
- B. Surprised and emotional
- C. Disappointed with their acting
- D. Confused because they didn't know them

6. Why do the villains appear in Peter's world?

- A. They are created by a science experiment
- B. The multiverse allows them to enter his universe
- C. They are sent by Doctor Strange
- D. Peter invites them to fight

7. What makes "No Way Home" different from many other superhero films?

- A. It focuses only on comedy
- B. It ignores the past stories
- C. It includes deep emotional and moral themes
- D. It has no special effects

8. What do teenagers relate to in Peter's character?

- A. His expensive car
- B. His problems, choices, and friendships
- C. His desire to quit school
- D. His job as a scientist

9. What is true about the film's financial success?

- A. It was not released in cinemas
- B. It earned more than \$1.9 billion worldwide
- C. It was a small-budget film
- D. It failed to attract a young audience

10. What is the overall tone of the article about "No Way Home"?

- A. Critical and negative
- B. Neutral and uninterested
- C. Excited and positive
- D. Confused and uncertain

SUBJECT 8: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

Why Sports Matter for Teenagers

In a world where screens dominate much of daily life, sports remain one of the most valuable activities for young people—especially teenagers. For many 18-year-olds, sports are more than just games. They are opportunities for growth, connection, and even future careers. Whether it's football, basketball, swimming, or skateboarding, playing sports brings both physical and mental benefits that can last a lifetime.

Physical Benefits of Playing Sports

It's no secret that sports are good for your body. Teenagers who play sports regularly are usually more physically active than those who don't. This helps build stronger muscles, improve heart health, and increase energy levels. Regular physical activity also helps prevent obesity and health problems such as diabetes and high blood pressure.

Many 18-year-olds are preparing for university or entering the workforce, which often involves sitting for long hours. Sports help balance this lifestyle by keeping the body moving and improving posture, coordination, and flexibility. Even non-competitive activities like jogging, yoga, or cycling can make a big difference in how teenagers feel physically.

Mental and Emotional Advantages

In addition to physical health, sports have a powerful effect on mental well-being. Exercise releases chemicals in the brain such as endorphins, which reduce stress and improve mood. For teenagers facing academic pressure, relationship challenges, or social anxiety, playing sports can act as a natural stress reliever.

Team sports, in particular, offer a strong sense of belonging. When young athletes train and compete together, they build friendships and learn to support one another. This emotional support helps build confidence and reduce feelings of loneliness or isolation. Even individual sports like tennis or martial arts help build self-discipline, patience, and self-esteem.

Learning Life Skills Through Sports

Sports teach more than just how to run fast or kick a ball. They help teenagers develop **life skills** that are useful in school, work, and relationships. Time management is one of them. Balancing school and sports requires planning and responsibility. Athletes quickly learn that being late to training or not preparing well has consequences.

Teamwork and communication are also vital. Whether on the court or in the locker room, players learn how to work with others, solve problems, and give or receive constructive feedback. These skills are transferable to jobs, group projects, and everyday life situations.

Failure is another important lesson. In sports, no one wins all the time. Learning to deal with loss, accept criticism, and keep trying builds resilience—a key trait for success in adult life.

The Role of Competition

Some people think that competition puts too much pressure on teenagers. However, healthy competition can be very motivating. It pushes athletes to improve their skills and set goals. It also teaches fairness, respect, and how to handle both victory and defeat.

That said, competition should be balanced. Coaches, parents, and players need to understand that winning is not everything. The focus should be on improvement, effort, and enjoyment. When these values are respected, sports can be both challenging and fun.

Sports and Career Opportunities

For some young people, sports are more than just a hobby—they can lead to scholarships, travel, or even professional careers. Athletes who perform well may be noticed by universities or sports clubs. This can open doors to further education, sponsorships, or international competitions.

However, even if someone doesn't become a professional athlete, sports can still improve their resume. Leadership experience, discipline, and commitment gained from playing sports are qualities that employers often look for.

Staying Active for Life

The habits we build in our teenage years often stay with us for life. Teenagers who enjoy sports are more likely to continue exercising as adults. This can lead to a healthier, happier, and longer life. Even if they stop playing competitively, they may continue to stay active through gym workouts, hiking, dancing, or joining local clubs.

Conclusion

At 18, life is full of new choices and responsibilities. Sports offer a healthy and positive way to deal with stress, make friends, and stay fit—both mentally and physically. Whether you dream of becoming a champion or just want to have fun, sports can help shape a stronger, smarter, and more confident version of yourself.

Comprehension Questions

1. What is the main idea of the text?

- A. Only professional athletes benefit from sports
- B. Sports are bad for students' grades
- C. Sports are important for teenagers' physical, mental, and personal growth
- D. Watching sports is better than playing

2. Which of the following is a physical benefit of playing sports?

- A. Learning a new language

- B. Improving social media skills
- C. Increasing energy levels and heart health
- D. Avoiding all injuries

3. How do sports affect mental health, according to the text?

- A. They make people more tired and stressed
- B. They increase competition anxiety
- C. They cause emotional problems
- D. They reduce stress and improve mood

4. Why are team sports helpful for emotional well-being?

- A. They are less expensive than individual sports
- B. They allow players to win more often
- C. They create a sense of belonging and support
- D. They require less practice

5. Which life skill is mentioned as being learned through sports?

- A. Memorizing facts
- B. Advanced computer programming
- C. Time management and teamwork
- D. Speaking multiple languages

6. What lesson can failure in sports teach teenagers?

- A. Resilience and how to try again
- B. How to cheat to win
- C. That winning is the only thing that matters
- D. To avoid trying new activities

7. What is said about healthy competition?

- A. It always creates conflict between players
- B. It teaches how to manage pressure and improve skills
- C. It is not useful for young athletes
- D. It only benefits professionals

8. How can sports help in future careers?

- A. By guaranteeing job offers in sports companies
- B. By teaching leadership and discipline valued by employers
- C. By reducing the need to go to university
- D. By allowing students to skip exams

9. What does the text say about staying active later in life?

- A. Teenagers rarely continue playing sports as adults
- B. Only professional athletes stay active
- C. Sports habits built in youth often continue into adulthood
- D. Adults should avoid physical activity

10. What is the author's tone in the article?

- A. Critical of sports

- B. Neutral and factual
- C. Encouraging and positive
- D. Uncertain and confused

SUBJECT 9: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

Building a Healthy Lifestyle at 18

At 18, life can be exciting—and sometimes stressful. Many teenagers are finishing school, starting university, or getting their first jobs. This is also a time when they begin making their own decisions about food, exercise, sleep, and stress. Developing a healthy lifestyle during this stage of life can bring long-term benefits. It’s not about following strict diets or going to the gym every day, but about making smart, balanced choices that help you feel better and live longer.

1. Eating Well Without Overthinking It

A healthy lifestyle begins with what you eat. For many teenagers, fast food and sugary drinks are a regular part of daily life. While these foods are convenient and tasty, eating them too often can lead to health problems like obesity, fatigue, or poor concentration.

Instead, try to build meals that include all the necessary nutrients—carbohydrates for energy, protein for muscle growth, and healthy fats for brain function. Adding fruits and vegetables to every meal can improve your skin, digestion, and even your mood. Drinking water instead of soda or energy drinks helps keep your body hydrated and focused.

It’s also important not to skip meals. Breakfast, for example, gives you the energy you need to start your day. A simple meal like oatmeal, fruit, or eggs can make a big difference in how you feel during school or work.

2. Move Your Body, Your Way

Exercise doesn’t have to mean lifting weights or running for hours. The best kind of physical activity is the one you enjoy. It could be dancing, swimming, hiking, playing football, or just taking long walks. At 18, your body is still growing and changing, and staying active helps improve your strength, flexibility, and even your sleep quality.

Experts recommend at least **150 minutes of moderate activity** per week. That’s just over 20 minutes a day. Regular movement also reduces stress and anxiety by releasing “feel-good” chemicals in the brain called endorphins. If you don’t like exercising alone, join a sports team or invite friends to work out together—it’s more fun and helps you stay motivated.

3. Sleep: The Underrated Superpower

Sleep is often ignored by teenagers, especially with busy schedules, part-time jobs, or late-night screen time. But getting **7 to 9 hours** of sleep every night is essential. Without enough rest, it’s harder to concentrate, your mood worsens, and your immune system weakens.

To sleep better, try to avoid using your phone or computer at least 30 minutes before going to bed. The blue light from screens tricks your brain into thinking it's still daytime. Reading, listening to soft music, or meditating can help your body relax and prepare for sleep.

4. Managing Stress in a Busy World

Teenagers today face a lot of pressure—from school, social media, family, and future plans. Stress is a normal part of life, but learning how to manage it is key to staying healthy. Regular physical activity, deep breathing exercises, and having someone to talk to can reduce stress levels.

It's also important to take breaks. You don't need to be productive all the time. Watching a movie, spending time in nature, or simply relaxing with friends can recharge your energy.

5. Avoiding Unhealthy Habits

At 18, it's common to experiment with things like alcohol, smoking, or energy drinks. While trying new things is part of growing up, it's also important to understand the risks. Smoking can cause lung problems, drinking affects brain development, and too many energy drinks can increase heart rate or cause anxiety.

A healthy lifestyle doesn't mean avoiding all fun. It means knowing your limits and making choices that keep you safe and strong in the long term.

Conclusion

A healthy lifestyle doesn't happen overnight. It's a series of small, smart choices made each day—choosing water over soda, going for a walk instead of lying on the couch, or sleeping earlier instead of watching another episode. At 18, you have the perfect chance to build habits that will support your mind and body for years to come. Start now, and your future self will thank you.

Comprehension Questions

1. What is the main idea of the article?

- A. Teenagers should follow strict diets
- B. Being healthy requires expensive routines
- C. Healthy lifestyles start with small daily choices
- D. Only athletes can live healthy lives

2. Why is eating fast food regularly a problem?

- A. It can lead to health issues like poor concentration and weight gain
- B. It causes muscle growth
- C. It helps people focus better
- D. It makes skin healthier

3. What does the article recommend about breakfast?

- A. It should always be skipped
- B. It's not important for teenagers

- C. It gives energy and should be simple but nutritious
- D. It should include only fruit juice

4. What kind of exercise is best, according to the text?

- A. Lifting heavy weights
- B. Activities you enjoy and can do regularly
- C. Long-distance running only
- D. Daily gym sessions of three hours

5. How many minutes of activity per week are recommended?

- A. 50 minutes
- B. 100 minutes
- C. 150 minutes
- D. 200 minutes

6. What is one reason teenagers don't sleep enough?

- A. They have nothing to do
- B. They go to bed too early
- C. They avoid using phones
- D. They spend time on screens at night

7. How does exercise help with stress?

- A. It increases sugar levels
- B. It raises blood pressure
- C. It releases chemicals that improve mood
- D. It helps you avoid sunlight

8. What does the article suggest for better sleep?

- A. Drinking coffee before bed
- B. Using social media late at night
- C. Meditating or reading before sleeping
- D. Watching exciting videos

9. What is a risk of energy drinks?

- A. They improve digestion
- B. They slow down the heart
- C. They help you sleep better
- D. They can cause anxiety and fast heart rate

10. What is the tone of the article?

- A. Negative and critical
- B. Motivational and friendly
- C. Boring and technical
- D. Confusing and uncertain

SUBJECT 10: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

Computer Games – Fun, Skills, and Balance

For many 18-year-olds, playing computer games is more than just a way to relax. It’s a daily hobby, a social activity, and sometimes even a passion. Whether it’s fast-paced shooters, creative building games, or complex strategy challenges, gaming has become a part of modern youth culture. But like any popular activity, it has both positive and negative sides. Understanding how to enjoy games in a balanced way is key to a healthy lifestyle.

The Popularity of Gaming Among Teenagers

Computer gaming has grown quickly over the past decade. Thanks to powerful laptops, gaming PCs, and online platforms like Steam or Epic Games, millions of players can easily access a wide range of games. Competitive games like *League of Legends*, *Counter-Strike*, and *Fortnite* are especially popular among teenagers, who enjoy the teamwork, quick thinking, and excitement these games offer.

Gaming is not just for entertainment anymore. Esports, or competitive gaming, is now a real industry. Many young players dream of becoming professional gamers, streamers, or content creators on platforms like YouTube or Twitch. For some, gaming has become more than a hobby—it’s a future career goal.

What Skills Can Gaming Develop?

Despite what some adults may think, computer games aren’t just about “wasting time.” In fact, many games can help develop useful skills. Strategy games can improve problem-solving and planning. Action games help build fast reflexes and hand-eye coordination. Multiplayer games require communication, teamwork, and decision-making.

For example, playing in online teams teaches players how to cooperate with others, even people from different cultures. Games that involve complex systems or puzzles encourage creative thinking and persistence. Some studies even show that gamers often perform better at multitasking and focusing under pressure.

In moderation, gaming can support personal development, especially when combined with other activities like reading, sports, or learning new skills.

The Social Side of Gaming

Playing on the computer isn’t always a lonely activity. Many teenagers use games to stay connected with friends. Voice chats, in-game messaging, and online groups help players communicate and share experiences. During times when people can’t meet in person—such as during the COVID-19 pandemic—gaming became a way to socialize and stay emotionally connected.

Some friendships even begin through games, as people meet other players with similar interests from around the world. These connections can grow into real friendships, and for some people, online communities become just as important as those in real life.

Knowing the Limits

Of course, like any activity, gaming can become a problem if it's not managed well. Spending too much time in front of the screen can lead to health issues like eye strain, poor posture, or lack of sleep. It can also affect school performance, especially if gaming takes time away from studying or other responsibilities.

Some games can be addictive, making it hard for players to stop. This is especially true for games that offer constant rewards or competitions. That's why it's important to take regular breaks, set time limits, and make sure gaming doesn't replace exercise, sleep, or real-world social life.

Parents and teachers often worry about violent games. While not all games with violence cause aggressive behavior, it's important to choose games that match your personality and emotional maturity. Everyone reacts differently, so knowing yourself and how a game affects you is important.

Tips for Healthy Gaming

To keep gaming fun and safe, experts suggest a few simple habits:

- **Set time limits:** Use alarms or apps to control how long you play.
- **Take breaks:** Stand up, stretch, and look away from the screen every hour.
- **Balance your day:** Make time for schoolwork, physical activity, and social life.
- **Play positive games:** Choose games that challenge your mind or encourage creativity.
- **Stay social:** Talk to friends and share your experiences, online or offline.

Gaming should add to your life, not take it over. With the right balance, it can be a great source of joy, learning, and connection.

Conclusion

Computer games are a big part of life for many 18-year-olds. They offer excitement, skills, social connection, and even future opportunities. But they also come with risks if not enjoyed responsibly. By understanding both the fun and the challenges of gaming, teenagers can enjoy computer games in a way that supports a healthy, balanced lifestyle.

Comprehension Questions

1. What is the main idea of the article?

- A. Computer games should be banned
- B. Gaming is only good for professional players

- C. Computer games can be fun and useful if balanced well
- D. Only children should play computer games

2. What is one reason computer games are so popular?

- A. They offer exciting experiences and social interaction
- B. They help students stop studying
- C. They are mostly used in schools
- D. They are difficult to find online

3. What skill might action games help develop?

- A. Cooking and cleaning
- B. Public speaking
- C. Hand-eye coordination and reflexes
- D. Long-term memory

4. Why are strategy games considered helpful?

- A. They are easy and relaxing
- B. They teach driving skills
- C. They help you fall asleep
- D. They improve problem-solving and planning

5. How can gaming help with social life?

- A. It stops people from talking to each other
- B. It isolates players from their families
- C. It creates opportunities to meet and connect with others online
- D. It replaces the need for real friendships

6. What is a possible negative effect of too much gaming?

- A. Increased reading speed
- B. Stronger bones
- C. Poor sleep and posture problems
- D. Higher math skills

7. What is a sign that someone might be addicted to gaming?

- A. They play only on weekends
- B. They forget to eat because of constant playing
- C. They enjoy playing with friends
- D. They read about gaming in magazines

8. What advice does the article give for healthy gaming?

- A. Take breaks and set time limits
- B. Never talk to other players
- C. Play only violent games
- D. Avoid playing with friends

9. What should teenagers balance gaming with?

- A. Watching more TV
- B. Spending more time online

- C. Schoolwork, exercise, and social time
- D. Playing two games at once

10. What is the author's attitude toward gaming?

- A. Completely against it
- B. Strongly supportive without limits
- C. Uninterested and cold
- D. Balanced and realistic

SUBJECT 11: Read the text below and answer the questions. Remember that you have only one correct answer for each question!

Celebrity Fashion: The Power of Influence

When people think about fashion, they often imagine catwalks in Paris or Milan. However, the real trendsetters today are not always professional models or designers. Celebrities have become some of the biggest influencers in the fashion world. From red carpets to social media, famous actors, musicians, and influencers shape what millions of people wear.

The Rise of Celebrity Fashion Icons

In the past, celebrities wore what designers gave them. They were dressed by stylists and fashion houses, often without much personal input. However, today’s celebrities are more involved in their fashion choices. Stars like Rihanna, Harry Styles, and Zendaya are not just wearing fashion — they are creating it. Rihanna’s fashion brand “Fenty” has been praised for its inclusivity, offering a wide range of sizes and shades of makeup. Similarly, Harry Styles is known for breaking gender norms by wearing dresses and skirts in photoshoots.

Social media platforms like Instagram and TikTok have also given celebrities more power. Now, a celebrity can post a picture of their outfit, and within hours, thousands of fans might try to copy the look. This instant influence has changed how trends are created. Instead of waiting for fashion magazines to publish the next big thing, fans can see and buy celebrity-inspired outfits almost immediately.

Red Carpets and Street Style

Red carpet events are still important in the fashion world. Events like the Oscars or the Met Gala are watched by millions, and what celebrities wear becomes headline news. The Met Gala, in particular, is known for its extravagant themes. In 2019, Lady Gaga wowed the world with four outfit changes on the pink carpet. These moments create viral fashion trends and are discussed online for weeks.

However, everyday street style has become just as influential. Paparazzi photos of celebrities going to coffee shops or airports often show more casual, wearable outfits. Stars like Hailey Bieber and Kendall Jenner are frequently seen wearing simple but stylish combinations like oversized blazers, sneakers, and sunglasses. These looks are easier for fans to imitate, making street style a key part of celebrity fashion culture.

Fashion Collaborations and Brand Power

One of the biggest trends in celebrity fashion is collaboration. Many brands partner with celebrities to design special collections. For example, Adidas worked with Beyoncé to create the Ivy Park line, combining sportswear with high fashion. These collaborations are often limited edition, which makes them even more desirable.

Some celebrities go a step further and create their own fashion labels. Kanye West’s “Yeezy” is a perfect example. His sneakers often sell out within minutes, and people wait in long lines or pay high

prices to own a pair. Celebrities use their personal style to influence what their fans want to buy, giving them huge commercial power in the fashion industry.

The Downsides of Celebrity Fashion Influence

While celebrity fashion can be exciting and creative, it also has its downsides. Fast fashion brands often copy celebrity outfits quickly and sell cheap versions. This leads to problems with overconsumption and environmental damage, as clothes are produced and thrown away rapidly.

Another issue is body image. Sometimes, celebrity fashion promotes unrealistic beauty standards. Not everyone can afford designer clothes or has the same body type as a celebrity. This can make fans feel pressured to look a certain way, which is not always healthy.

The Future of Celebrity Fashion

Despite these challenges, celebrity fashion is not going anywhere. In fact, it's likely to become even more influential. With the rise of virtual influencers and fashion in the metaverse, celebrities will continue to lead style conversations in new digital spaces. Virtual fashion shows and digital clothing are already becoming popular, allowing fans to dress their avatars in outfits designed by their favorite stars.

In conclusion, celebrities have a huge impact on fashion. They inspire trends, start conversations, and sometimes even change industry standards. However, it is important for fans to enjoy fashion in a way that is personal and sustainable, rather than simply copying what they see online.

Comprehension Questions

1. Who are considered the biggest influencers in fashion today?
 - A. Celebrities
 - B. Magazine editors
 - C. Professional models
 - D. Fashion designers
2. What is special about Rihanna's fashion brand "Fenty"?
 - A. It only sells expensive designer clothes
 - B. It focuses on men's fashion
 - C. It promotes inclusivity with various sizes and shades
 - D. It only uses eco-friendly materials
3. How has social media changed celebrity influence on fashion?
 - A. It made celebrities less important in fashion
 - B. It allows celebrities to influence trends instantly
 - C. It replaced red carpet events completely
 - D. It made fashion magazines more popular
4. Which event is known for its extravagant fashion themes?
 - A. The Grammy Awards
 - B. Paris Fashion Week

- C. The Met Gala
- D. London Fashion Week

5. Why is celebrity street style influential?
 - A. It is only for high-end fashion shows
 - B. It shows casual outfits fans can imitate
 - C. It focuses on traditional formal wear
 - D. It is mostly seen in fashion magazines
6. What is a "fashion collaboration"?
 - A. A competition between brands
 - B. A celebrity designing a line with a brand
 - C. A collection made by unknown designers
 - D. A project where fans create clothes for brands
7. What is a downside of fast fashion copying celebrity outfits?
 - A. It makes designer clothes cheaper
 - B. It helps small designers become famous
 - C. It leads to overconsumption and environmental issues
 - D. It increases the quality of clothing materials
8. What problem can celebrity fashion cause regarding body image?
 - A. It encourages people to dress creatively
 - B. It sets unrealistic beauty standards
 - C. It promotes traditional body types
 - D. It decreases the importance of looks
9. How are celebrities expected to influence fashion in the future?
 - A. By focusing only on red carpet events
 - B. By reducing their presence on social media
 - C. Through virtual influencers and digital fashion
 - D. By stopping collaborations with brands
10. What is the main message of the text?
 - A. Celebrity fashion has no real influence today
 - B. Only designers decide what becomes fashionable
 - C. Fashion magazines control all style trends
 - D. Celebrities are the main drivers of fashion trends

SUBJECT 12: Read the text below and answer the questions. Remember that there is only one correct answer for each question!

Sports Celebrities: Heroes On and Off the Field

Sports celebrities have always been admired for their physical abilities and competitive spirit. Whether it's football, tennis, basketball, or athletics, top athletes are often seen as heroes who inspire millions of fans. However, being a sports celebrity today is about more than just winning games. These individuals are also role models, influencers, and businesspeople. They shape opinions, support important causes, and sometimes even change society.

The Rise of Global Sports Icons

In the past, most athletes were famous only in their home countries. However, with the growth of international competitions and global media, sports stars are now known worldwide. Events like the FIFA World Cup, the Olympics, and the NBA Finals are watched by billions of people. As a result, athletes such as Cristiano Ronaldo, Serena Williams, and LeBron James have become global icons.

Social media has also played a huge role. Platforms like Instagram and Twitter allow athletes to communicate directly with fans. This has made sports celebrities even more influential because fans can follow their daily lives, see their training routines, and hear their personal opinions. A simple post from a famous athlete can reach millions within minutes, making their voice powerful beyond the sports world.

Role Models and Social Responsibility

Being a successful athlete comes with responsibility. Many sports celebrities understand that they are role models, especially for young people. This is why some athletes use their fame to support social causes. For example, tennis champion Naomi Osaka has been very vocal about mental health awareness. She has spoken openly about her own struggles and encouraged others to take care of their mental well-being.

Similarly, football star Marcus Rashford from England has led campaigns to fight child hunger. Using his platform, Rashford successfully pressured the UK government to provide free meals to children from low-income families. These actions show that sports celebrities can have a positive impact on society, far beyond their performances on the field.

Business Ventures and Brand Ambassadors

Apart from their athletic careers, many sports celebrities are also involved in business. They endorse products, create their own brands, and invest in companies. Michael Jordan, for instance, is not only known as one of the greatest basketball players of all time but also as a successful businessman. His collaboration with Nike led to the famous "Air Jordan" sneakers, which remain popular decades after his retirement.

Nowadays, athletes are also building their own business empires. For example, Serena Williams has her own fashion line, while Cristiano Ronaldo has a chain of hotels and a fragrance brand. These ventures allow sports celebrities to build wealth and stay relevant even after their playing days are over.

The Pressure of Fame

While fame brings many opportunities, it also comes with challenges. The pressure to perform at the highest level can be overwhelming. Athletes are often under constant media scrutiny, and even their personal lives become public. This pressure can lead to mental health struggles, which many athletes are now beginning to discuss more openly.

For example, gymnast Simone Biles withdrew from several events during the Tokyo Olympics to focus on her mental health. Her decision received global attention and started important conversations about the emotional well-being of athletes. This shows that while sports celebrities may seem invincible, they face many of the same problems as ordinary people.

The Future of Sports Celebrities

As technology continues to evolve, the role of sports celebrities will likely change. Virtual reality, live streaming, and digital content are creating new ways for athletes to connect with fans. Esports is also rising in popularity, and some traditional sports stars are investing in this growing industry.

Moreover, as social and environmental issues become more important, athletes are expected to take stronger positions. Fans are not just interested in what athletes do in competitions but also in what they stand for. In the future, being a sports celebrity will involve balancing athletic success with social influence, business interests, and personal well-being.

Conclusion

Sports celebrities are no longer just athletes; they are global influencers, businesspeople, and social activists. Their actions, both on and off the field, have the power to inspire, educate, and bring change. However, with great influence comes great responsibility. As fans, it is important to support these athletes not only for their victories but also for their efforts to make a difference in the world.

Comprehension Questions

1. Why are sports celebrities considered more than just athletes today?
 - A. They only focus on their sports careers
 - B. They also influence society and business
 - C. They avoid public attention
 - D. They are only famous in their home countries
2. Which event is NOT mentioned as a global sports competition?
 - A. FIFA World Cup
 - B. NBA Finals
 - C. Wimbledon

D. The Olympics

3. How has social media changed the way athletes interact with fans?
 - A. It limits their communication
 - B. It allows direct and instant connection
 - C. It only helps during sports events
 - D. It reduces their influence
4. What cause did Marcus Rashford campaign for?
 - A. Environmental protection
 - B. Free meals for children
 - C. Anti-smoking awareness
 - D. Equal pay in sports
5. Which athlete collaborated with Nike to create the "Air Jordan" sneakers?
 - A. Michael Jordan
 - B. LeBron James
 - C. Cristiano Ronaldo
 - D. Usain Bolt
6. What business does Cristiano Ronaldo NOT own?
 - A. A hotel chain
 - B. A fragrance brand
 - C. A sports equipment company
 - D. A fashion line
7. What challenge do sports celebrities often face due to their fame?
 - A. Lack of business opportunities
 - B. Constant media scrutiny and pressure
 - C. Limited access to social media
 - D. Fewer sponsorship deals
8. Which athlete's decision to focus on mental health during the Olympics was widely discussed?
 - A. Serena Williams
 - B. Naomi Osaka
 - C. Simone Biles
 - D. Marcus Rashford
9. How might technology affect the future of sports celebrities?
 - A. It will make sports less popular
 - B. It will stop athletes from being influencers
 - C. It will reduce athletes' earnings
 - D. It will create new ways for fans to connect with athletes
10. What is the main idea of the text?
 - A. Sports celebrities are famous only for their athletic skills
 - B. Sports celebrities have influence in sports, business, and society
 - C. Social media has no effect on sports celebrities
 - D. Fame does not affect athletes' personal lives

LISTENING COMPREHENSION

LEVEL A2





Scan the QR code to get access to all audio files:

SUBJECT 1: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Being Famous

Comprehension Questions

1. Why do some people want to be famous?
 - A. Because they enjoy quiet lives
 - B. Because they want to help only their families
 - C. Because they want money and attention
 - D. Because they don't like traveling

2. What is one problem famous people face?
 - A. They don't have fans
 - B. They always have to travel
 - C. They have too much free time
 - D. They have little privacy

3. How do some celebrities use their fame in a good way?
 - A. By making funny videos
 - B. By helping others or charities
 - C. By going to parties
 - D. By buying more clothes

4. What is the main message of the text?
 - A. Fame is always a bad thing
 - B. Being famous means you are always happy
 - C. Fame is easy and fun
 - D. Fame has good and bad sides

SUBJECT 2: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Travelling Abroad

Comprehension Questions

1. Why do many people like to travel abroad?
 - A. To buy expensive things
 - B. To explore the world and make memories
 - C. To become famous
 - D. To stay in one place

2. What is one thing travelers should do before going abroad?
 - A. Learn to drive a car
 - B. Read a book about their home country
 - C. Learn a few words in the local language
 - D. Buy new clothes

3. What can happen when things don't go as planned while travelling?
 - A. You have to cancel your trip
 - B. You become stronger and learn
 - C. You always go home early
 - D. You lose all your money

4. According to the text, what is one reason travel is valuable?
 - A. It helps people become rich
 - B. It teaches people how to become famous
 - C. It gives stories and memories that last
 - D. It helps people move to a new country

SUBJECT 3: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



The Importance of Voting

Comprehension Questions

1. What is the main reason voting is important?

- A. It helps people become rich
- B. It lets people choose their leaders
- C. It gives free gifts
- D. It helps you travel abroad

2. What does the text say about people in the past?

- A. They didn't like to vote
- B. They always forgot to vote
- C. They had to fight for the right to vote
- D. They had cars to take them to vote

3. What should you do before you vote?

- A. Go shopping
- B. Learn about the candidates
- C. Sleep all day
- D. Watch cartoons

4. What happens if you don't vote?

- A. You win a prize
- B. Nothing changes
- C. You choose your leader
- D. Others decide for you

SUBJECT 4: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Living Life to the Fullest

Comprehension Questions

1. What does living life to the fullest primarily mean?
 - A. Avoiding challenges at all costs
 - B. Making the most of every day with passion and purpose
 - C. Focusing only on self-care
 - D. Waiting for perfect circumstances

2. According to the text, how should we view small moments like a smile or a quiet moment?
 - A. As insignificant distractions
 - B. As simple joys that add meaning to life
 - C. As reasons to avoid bigger goals
 - D. As annoyances to be ignored

3. What role do relationships play in living life fully?
 - A. They should be avoided to focus on personal goals
 - B. They enrich life by sharing experiences and creating memories
 - C. They are less important than material success
 - D. They are a source of unnecessary stress

4. How does the text recommend we handle life's ups and downs?
 - A. Ignore failures and only celebrate success
 - B. Accept both with grace and learn from them
 - C. Avoid any situation that might cause failure
 - D. Focus only on the negative to prepare better

SUBJECT 5: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Max Verstappen

Comprehension Questions

1. How old was Max Verstappen when he made his Formula 1 debut?
 - A. 16
 - B. 17
 - C. 18
 - D. 19

2. Which Grand Prix did Max win in his first race for Red Bull Racing?
 - A. Monaco Grand Prix
 - B. Spanish Grand Prix
 - C. Belgian Grand Prix
 - D. Italian Grand Prix

3. In which year did Max win his first Formula 1 World Championship?
 - A. 2019
 - B. 2020
 - C. 2021
 - D. 2022

4. What is one of Max Verstappen's hobbies outside of real-world racing?
 - A. Cooking
 - B. Surfing
 - C. Sim racing
 - D. Basketball

SUBJECT 6: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



The Best Family Park

Comprehension Questions

1. What time does Sunny Fields Park open?
 - A. 7 a.m.
 - B. 8 a.m.
 - C. 9 a.m.
 - D. 10 a.m.

2. What animals can you see in the animal corner?
 - A. Lions, tigers, and bears
 - B. Rabbits, goats, and chickens
 - C. Cats, dogs, and parrots
 - D. Horses, cows, and pigs

3. What can you rent on the lake in summer?
 - A. A car
 - B. A fishing rod
 - C. A small boat
 - D. A tent

4. When is the music show in the park?
 - A. Every Monday
 - B. Every Friday
 - C. Every Saturday
 - D. Every Sunday

SUBJECT: 7. Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Being Famous

Comprehension Questions

1. What is one big advantage of being famous?
 - A. You have more privacy
 - B. You can earn a lot of money
 - C. You never travel
 - D. You avoid attention

2. What is one problem famous people face?
 - A. They get many gifts
 - B. They have too much privacy
 - C. They lose privacy
 - D. They never meet important people

3. Why can being famous be stressful?
 - A. They must always look good
 - B. They never travel
 - C. They don't have fans
 - D. They work normal jobs

4. What is the conclusion of the text?
 - A. Being famous is always perfect
 - B. Being famous is only bad
 - C. Being famous has good and bad sides
 - D. Being famous is boring

SUBJECT 8: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



The Importance of Having a Hobby

Comprehension Questions

- 1. What is one reason hobbies are important?**
 - A. They make you famous
 - B. They help you relax
 - C. They help you earn money
 - D. They help you travel abroad

- 2. What can you learn from a hobby like cooking?**
 - A. How to paint
 - B. How to relax
 - C. New recipes and skills
 - D. How to speak another language

- 3. How can hobbies help you meet new people?**
 - A. By joining a club or team
 - B. By staying home alone
 - C. By reading books at home
 - D. By sleeping more

- 4. What feeling can hobbies give you when you complete something?**
 - A. Boredom
 - B. Pride
 - C. Anger
 - D. Fear

SUBJECT 9: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Choosing the Right Career for You

Comprehension Questions

1. **Why is it important to choose the right career?**
 - A. Because it helps you travel more
 - B. Because you will work in it for many years
 - C. Because it makes you rich immediately
 - D. Because your friends tell you to

2. **What should you think about first when choosing a career?**
 - A. How far your office is
 - B. What you enjoy doing
 - C. How much lunch costs
 - D. The clothes you wear

3. **What is one way to learn more about a career?**
 - A. Guess what the job is like
 - B. Talk to people who work in that career
 - C. Change jobs every week
 - D. Watch a movie about it

4. **What is the main message of the text?**
 - A. Money is the most important part of a job
 - B. You should pick a career that makes you happy and suits you
 - C. Everyone should be a teacher
 - D. Travel jobs are the best

SUBJECT 10: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Taylor Swift - The Eras Tour

Comprehension Questions

- 1. What is the name of Taylor Swift's new tour?**
 - A. The World Tour
 - B. The Eras Tour
 - C. The Music Tour
 - D. The Swift Tour

- 2. What kinds of songs does Taylor perform on this tour?**
 - A. Only country songs
 - B. Only new songs
 - C. Songs from different stages of her career
 - D. Only songs from the pandemic

- 3. Why do some fans travel to other cities for the concerts?**
 - A. Because they like traveling more than music
 - B. Because tickets in their city were sold out
 - C. Because concerts are free in other cities
 - D. Because they work for Taylor Swift

- 4. What is one effect of Taylor's concerts on local businesses?**
 - A. Hotels and restaurants are busier
 - B. Shops close early
 - C. Restaurants offer free food
 - D. Hotels become cheaper

LISTENING COMPREHENSION

LEVEL B2



SUBJECT 1: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Why the EU is Important

1. **Why was the EU created after World War II?**
 - A. To make a single European country
 - B. To bring peace, stability, and prosperity
 - C. To remove all national borders
 - D. To increase military power

2. **What is one benefit of the EU's single market?**
 - A. Countries can keep higher taxes on imports
 - B. People can move freely between member states
 - C. Each country can have its own currency
 - D. Students must apply for visas to study abroad

3. **How does the EU protect its citizens?**
 - A. By offering free houses to everyone
 - B. By setting laws for fair work, human rights, and the environment
 - C. By creating jobs only in big cities
 - D. By controlling the internet

4. **Why does the EU have more influence internationally than single countries?**
 - A. It has the largest army in the world
 - B. It can act together to negotiate and solve global problems
 - C. It controls all European television channels
 - D. It owns all companies in Europe

5. **How does the EU help poorer regions?**
 - A. By sending them free cars

- B. By investing in infrastructure, education, and jobs
- C. By moving people to richer areas
- D. By giving them their own currency

6. What is one challenge the EU faces?

- A. Lack of any economic power
- B. Disagreements between member states
- C. No interest in climate change
- D. No freedom of movement

SUBJECT 2: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



The Dangers of TikTok

- 1. What is one main reason TikTok can be addictive?**
 - A. It makes users pay to watch videos
 - B. Its algorithm shows content based on users' interests
 - C. It only allows users to watch videos in the evening
 - D. Users must post videos daily

- 2. What is a possible effect of spending too much time on TikTok?**
 - A. Better school grades
 - B. Improved sleep
 - C. Increased anxiety and depression
 - D. More outdoor activities

- 3. What is one example of inappropriate content on TikTok?**
 - A. Cooking tutorials
 - B. Dangerous viral challenges
 - C. Language learning videos
 - D. Nature documentaries

- 4. Why are some governments worried about TikTok?**
 - A. Because it has too many advertisements
 - B. Because it collects large amounts of user data
 - C. Because it only works on certain phones
 - D. Because it has no music features

- 5. What is one form of harm that can occur through TikTok comments?**
 - A. Higher income

- B. Online bullying
- C. Better mental health
- D. Improved memory

6. What is one way to make TikTok use safer?

- A. Avoid thinking about the videos you watch
- B. Watch for more than four hours per day
- C. Use parental controls for younger users
- D. Share personal information openly

SUBJECT 3: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Michael Jackson – The King of Pop

- 1. What was the name of Michael Jackson’s family music group?**
 - A. The Jackson Brothers
 - B. The Jackson Band
 - C. The Jackson 5
 - D. The Pop Kings

- 2. Which album is the best-selling of all time?**
 - A. Bad
 - B. Dangerous
 - C. Thriller
 - D. Off the Wall

- 3. What was Michael Jackson’s signature dance move?**
 - A. The spin step
 - B. The moonwalk
 - C. The pop shuffle
 - D. The slide dance

- 4. What charity song did Michael Jackson co-write and perform with other artists?**
 - A. Heal the World
 - B. We Are the World
 - C. Earth Song
 - D. Beat It

- 5. What caused Michael Jackson’s death in 2009?**
 - A. Heart attack

- B. Car accident
- C. Acute propofol intoxication
- D. Natural causes

6. How is Michael Jackson's legacy described in the script?

- A. A forgotten star
- B. A controversial politician
- C. An undeniable King of Pop
- D. A one-hit wonder

SUBJECT 4: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Teenagers Using AI for School

- 1. What is one way AI personalizes learning for students?**
 - A. By teaching all students the same way
 - B. By adjusting lessons to individual needs
 - C. By making all lessons shorter
 - D. By removing difficult subjects

- 2. Which is an example of AI saving students time?**
 - A. Writing textbooks
 - B. Giving oral presentations
 - C. Providing quick summaries of articles
 - D. Teaching sports

- 3. What is one risk of overreliance on AI?**
 - A. Students will become faster readers
 - B. Students may not develop critical thinking skills
 - C. Students will forget how to type
 - D. Students will learn too much

- 4. How do many schools respond to the use of AI in homework?**
 - A. They ban all technology
 - B. They introduce rules about its use
 - C. They make AI mandatory for all subjects
 - D. They replace teachers with AI

- 5. What is a privacy concern related to AI tools?**
 - A. They always work offline

- B. They may collect and share user data
- C. They never update
- D. They delete all user data immediately

6. What is the main message of the conclusion?

- A. AI should replace teachers
- B. AI should be used carefully and responsibly
- C. AI is too dangerous for teenagers
- D. AI is only useful for games

SUBJECT 5: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Eating Habits for Teenagers

1. Why is skipping breakfast a problem for teenagers?
 - A. It makes them more energetic
 - B. It can cause tiredness and overeating later
 - C. It helps them lose weight
 - D. It increases concentration
2. What is the main risk of eating too much fast food?
 - A. It provides too much protein
 - B. It improves brain function
 - C. It can lead to health problems
 - D. It makes people drink more water
3. Which drink is recommended for teenagers instead of sugary drinks?
 - A. Energy drinks
 - B. Coffee
 - C. Water
 - D. Milkshakes
4. What can influence a teenager's eating choices?
 - A. The weather
 - B. Peer pressure
 - C. The type of school they attend
 - D. Whether they own a pet
5. How does exercise support a healthy diet?
 - A. It replaces the need for eating vegetables
 - B. It improves mental and physical health

- C. It makes unhealthy food safer to eat
 - D. It reduces the need for hydration
6. What is the main message of the text?
- A. Teenagers should avoid all fast food completely
 - B. Diets should be strict and controlled
 - C. Balance and variety are key to healthy eating
 - D. Eating habits do not matter in the teenage years

SUBJECT 6: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Travelling Abroad While Studying

1. What is one academic benefit of studying abroad?
 - A. Meeting only students from your own country
 - B. Experiencing different teaching methods
 - C. Avoiding difficult subjects
 - D. Studying without exams
2. How can studying abroad improve language skills?
 - A. By reading only textbooks in English
 - B. By avoiding communication with locals
 - C. Through everyday interactions in a foreign language
 - D. By speaking only to teachers
3. Which personal skills can be developed while living abroad?
 - A. Independence and adaptability
 - B. Ability to avoid challenges
 - C. Staying in one's comfort zone
 - D. Learning without making mistakes
4. What is mentioned as a possible difficulty of studying abroad?
 - A. Lack of interesting subjects
 - B. Not enough free time
 - C. Cultural differences and costs
 - D. Too many local friends
5. How can students make the experience of studying abroad easier?
 - A. By avoiding local customs
 - B. By planning ahead and researching the host country
 - C. By spending all their time with other foreign students
 - D. By not learning the local language

6. What is the main message of the text?
- A. Studying abroad is only for wealthy students
 - B. The challenges of studying abroad are too big to overcome
 - C. Travelling abroad while studying can be highly rewarding with preparation
 - D. It's better to study at home than abroad

SUBJECT 7: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



You Should Go to Untold at Least Once

- 1. Where does Untold Festival take place?**
 - A) Bucharest, Romania
 - B) Sofia, Bulgaria
 - C) Cluj-Napoca, Romania
 - D) Budapest, Hungary

- 2. In which year was the first Untold Festival held?**
 - A) 2010
 - B) 2015
 - C) 2018
 - D) 2020

- 3. Which of the following artists has performed at Untold?**
 - A) Billie Eilish
 - B) Ed Sheeran
 - C) David Guetta
 - D) Taylor Swift

- 4. What is one special feature of the festival's atmosphere?**
 - A) A science-fiction movie theme
 - B) A fairytale-inspired setting
 - C) A sports competition area
 - D) A carnival with rides

- 5. What kind of traditional Romanian food is mentioned in the script?**
 - A) Pizza

- B) Mici
- C) Sushi
- D) Croissants

6. What advice does the narrator give about planning for Untold?

- A) Buy tickets on the same day
- B) Bring warm clothes for cold nights
- C) Book accommodation far in advance
- D) Avoid bringing sunscreen

SUBJECT 8: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



Going on a Work and Travel to America as a Student

- 1. What type of jobs are most common in the Work and Travel program?**
 - A) Office jobs in big companies
 - B) Jobs in hospitality and tourism
 - C) Agricultural work on farms
 - D) Teaching English in schools

- 2. What is one financial advantage of the program?**
 - A) Students receive free plane tickets
 - B) Employers always provide free food
 - C) Students can cover living costs with their salary
 - D) The program pays for your visa

- 3. After finishing the job, how long can students usually travel in the U.S.?**
 - A) One week
 - B) Two weeks
 - C) One month
 - D) Three months

- 4. Which of these is mentioned as a travel destination in the U.S.?**
 - A) The Eiffel Tower
 - B) Yellowstone National Park
 - C) The Great Wall of China
 - D) Mount Everest

- 5. What skill can the program help improve?**
 - A) Drawing

- B) Cooking
- C) English communication
- D) Driving

6. What is one requirement for applying to Work and Travel?

- A) Owning a car
- B) Being a full-time student
- C) Having two years of work experience
- D) Knowing two foreign languages

SUBJECT 9: Listen to the audio file on the following link and answer the following questions.
Remember that there is only one correct answer for each question!



Getting Ready for Exams

- 1. What is the first step in getting ready for exams mentioned in the script?**
 - A) Drinking coffee
 - B) Creating a study plan
 - C) Listening to music
 - D) Taking an exam practice test
- 2. Why is it important to divide your subjects into smaller topics?**
 - A) To make it easier to ask the teacher questions
 - B) To avoid last-minute panic
 - C) To remember everything perfectly
 - D) To have more time for TV
- 3. What is suggested for creating a good study environment?**
 - A) Using only natural light
 - B) Having background music and social media open
 - C) Keeping the space tidy and free from distractions
 - D) Studying in bed
- 4. Which is an example of an active study technique?**
 - A) Reading notes silently
 - B) Memorising without understanding
 - C) Explaining the topic to a friend
 - D) Listening to loud music
- 5. What is said about sleeping before an exam?**
 - A) Staying up all night is best
 - B) Sleeping well helps focus
 - C) You should sleep only four hours
 - D) Sleep is not important for exams
- 6. What should you do the night before the exam?**
 - A) Start learning a new subject
 - B) Go to a party
 - C) Prepare all the materials you need
 - D) Watch a movie about studying

SUBJECT 10: Listen to the audio file on the following link and answer the following questions. Remember that there is only one correct answer for each question!



College: The Transition to Adulthood

- 1. What is one of the main themes of the passage?**
 - A) How to study for exams
 - B) The process of becoming more independent
 - C) The history of universities
 - D) How to travel while in college

- 2. What new responsibility do students often face when moving away from home?**
 - A) Paying for their teachers
 - B) Cooking and doing laundry
 - C) Organising high school events
 - D) Taking care of younger siblings

- 3. Why is time management important in college?**
 - A) Because students have fewer classes and no exams
 - B) Because students have more free hours and need to use them wisely
 - C) Because teachers control the timetable
 - D) Because there are no deadlines

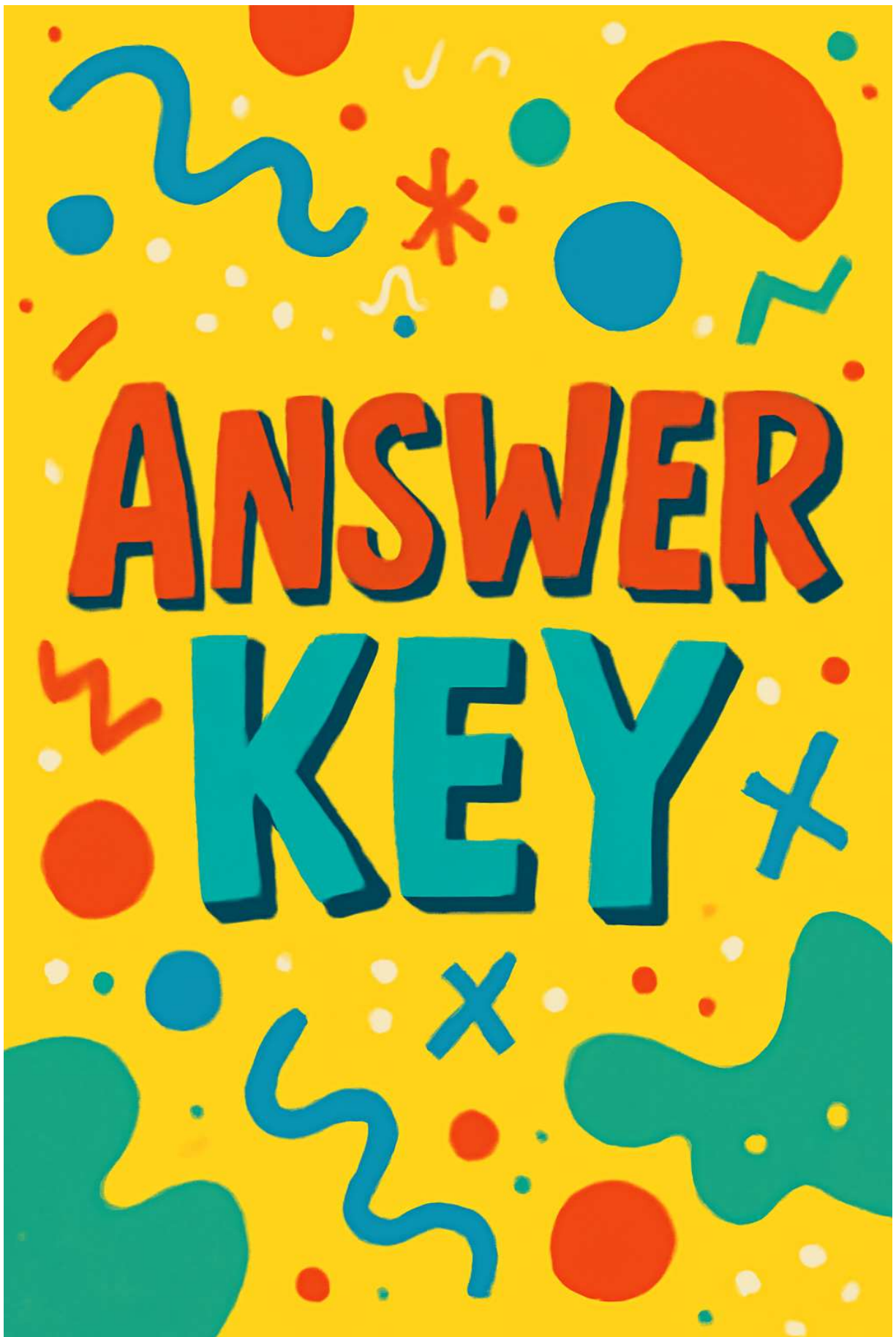
- 4. What financial skill is mentioned as useful for life after college?**
 - A) Writing cheques for others
 - B) Saving money and budgeting
 - C) Selling expensive textbooks
 - D) Shopping online

- 5. What can meeting people from different backgrounds in college help with?**
 - A) Learning new languages only
 - B) Improving communication skills

- C) Avoiding social events
- D) Earning extra money

6. What does the script say about adulthood?

- A) It starts suddenly on your 18th birthday
- B) It is a process that continues beyond college
- C) It only happens after getting a job
- D) It happens only if you live alone



UNDERSTANDING THE READING

LEVEL A2



Subject 1. F1: The Movie

1. Sonny Hayes had a racing accident in the 1990s and stopped racing.
A. Right
2. Sonny Hayes returns to racing because he wants to drive alone.
B. Wrong
3. Lewis Hamilton appears in the film and helped the production.
A. Right
4. The film lasts about 90 minutes.
B. Wrong
5. The film earned more money than *World War Z* at the global box office.
A. Right

Subject 2: David Popovici

1. David Popovici started swimming at age four because of a medical suggestion.
A. Right
2. He won two gold medals in Budapest in both 100 m and 200 m freestyle in 2022.
A. Right

3. At the 2024 Olympics he won bronze in the 200 m freestyle.
B. Wrong
4. He almost did not swim in Singapore in 2025 because of mental pressure.
A. Right
5. He studies engineering at the University of Bucharest.
B. Wrong

Subject 3: Phones at School

1. Some students use phones in class to play games.
A. Right
2. All schools allow students to use phones during lessons.
B. Wrong
3. Teachers can take a student's phone if they use it in class.
A. Right
4. Parents never want their children to bring phones to school.
B. Wrong
5. The text explains how many students have phones.
C. Doesn't say

Subject 4: Friendship

1. Friends can help you when you are having a bad day.
A. Right
2. All friendships are exactly the same.
B. Wrong
3. Friendship teaches people how to share and be kind.
A. Right
4. The text says how many friends a person should have.
C. Doesn't say
5. Moving to a new city can change a friendship.
A. Right

Subject 5: Watching Films at the Cinema or at Home

1. Watching a film at the cinema is usually louder than watching at home.
A. Right
2. Watching films at home is always more expensive than going to the cinema.
B. Wrong
3. You can pause a movie at home if you want to take a break.
A. Right
4. The text says how often people go to the cinema.
C. Doesn't say
5. Some people enjoy eating snacks while watching films at the cinema.
A. Right

Subject 6: When Should Children Be Given Pocket Money?

1. Pocket money helps children learn how to save money.
A. Right
2. All parents give pocket money only if children clean their rooms.
B. Wrong
3. Some parents give pocket money without asking children to do jobs.
A. Right
4. The text explains how much money parents should give.
C. Doesn't say
5. Pocket money can teach children to be patient.
A. Right

Subject7: Going to Cultural Events

1. Cultural events can help people learn about other countries' traditions.
A. Right
2. All cultural events are free for everyone.
B. Wrong
3. Schools never organize trips to cultural events.
B. Wrong

4. The text says how long cultural events usually last.

C. Doesn't say

5. People sometimes travel to other countries to visit famous festivals.

A. Right

Subject 8: Lionel Messi

1. Messi was born in Rosario, Argentina.

a. Right

2. Messi scored the most goals in World Cup history.

c. Doesn't say

3. Messi joined Paris Saint-Germain after leaving Barcelona.

a. Right

4. Messi has three children.

a. Right

5. Messi likes to play tennis in his free time.

c. Doesn't say

Subject 9: J.K. Rowling: From Failure to Success

1. J.K. Rowling always had an easy and rich life.

b. Wrong

2. Rowling got the idea for *Harry Potter* while she was on a train.

a. Right

3. J.K. Rowling has written books for children and cookbooks for adults.

c. Doesn't say

4. The first publisher she contacted said yes to her book.

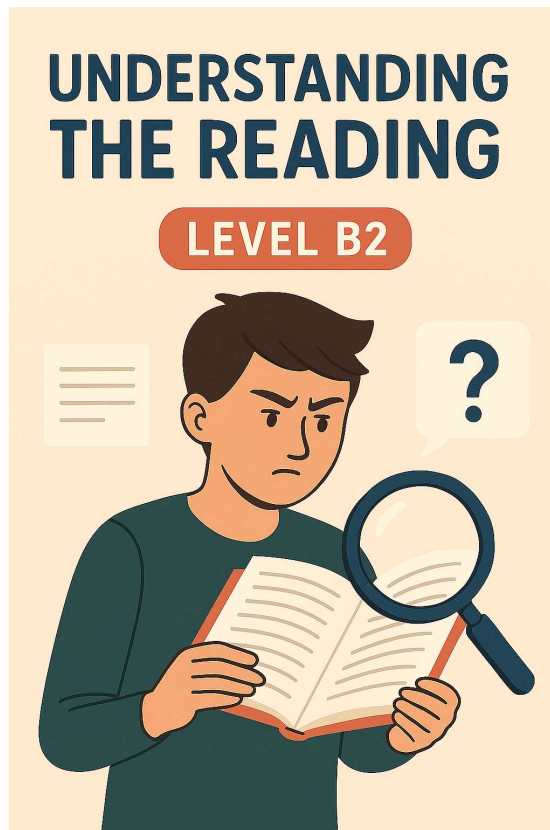
b. Wrong

5. Rowling was a teacher in Portugal before she became a writer.

a. Right

Subject 10: Michael Jordan: From Failure to Success

1. Michael Jordan played only basketball as a child.
b. Wrong
2. Jordan didn't make the high school basketball team the first time he tried.
a. Right
3. Jordan never played in the Olympics.
b. Wrong
4. Michael Jordan won six championships with the Chicago Bulls.
a. Right
5. Jordan's favorite sport was football.
c. Doesn't say



Subject 1: Teenagers and Music

1. **Why is music important for teenagers?**
B. It allows them to express emotions and form identities.
2. **How does music help teenagers express their feelings?**
D. By providing songs that describe emotions they feel.

3. What is one way teenagers use music to build their identity?

A. By listening to songs that match their personality and values.

4. What role does music play in teenagers' friendships?

C. It helps teenagers bond over shared interests.

5. How can music influence teenagers' mental health positively?

B. It can reduce stress and improve their mood.

6. What is a common concern about music's negative influence?

B. That offensive lyrics might promote bad behavior.

7. What do experts suggest about helping teenagers deal with music's influence?

D. Encouraging critical discussions about music.

8. How has technology changed teenagers' music habits?

C. Streaming services allow them to explore many genres.

9. What is a key influence of platforms like TikTok on music?

A. New songs can become viral very quickly.

10. What is the main idea of the text?

C. Music plays an important and mostly positive role in teenage life.

Subject 2: Teenagers and Music: The Beat that Shapes a Generation

1. Why do many teenagers feel connected to the lyrics in their favorite songs?

B. Because the lyrics often describe experiences and feelings typical for teenagers.

2. What is one benefit of participating in group music activities for teenagers?

B. It improves teamwork and confidence.

3. How has technology changed the way teenagers discover music?

C. Technology allows instant access to global music and suggestions.

4. How can musical preferences influence a teenager's social life?

C. They can affect friendships, clothing style, and group identity.

5. What is one academic benefit of learning to play an instrument?

A. It improves memory and attention.

6. Why should teenagers be careful about listening to music with headphones?

B. It can cause hearing problems if played too loudly.

7. What do experts suggest about balancing music with other activities?
C. Balance music listening with other real-life connections.
8. How can music help teenagers deal with difficult emotions?
B. By allowing healthy expression of emotions through lyrics or playing.
9. What may be a future change in the way teenagers experience music?
D. Artificial intelligence may assist in creating music.
10. What is the article’s main idea about teenagers and music?
C. Music is a vital part of teenagers’ lives, influencing emotions, learning, and identity.

Subject 3: Teenagers and Books: Why Don’t Teens Read as Much Anymore?

1. Why do many teenagers spend less time reading books?
B. Because technology and social media compete for their attention.
2. What do teenagers often prefer to do in their free time instead of reading?
C. Using social media or watching TV.
3. Why do school-assigned books sometimes make teenagers dislike reading?
C. The books may not match teenage interests or are seen as “work.”
4. What impact does watching movies based on books have on teenage reading?
A. It often replaces the motivation to read the book.
5. How does lack of choice in reading material affect teenagers?
C. It reduces motivation and enjoyment in reading.
6. What happens when adults have low expectations for teenage reading?
D. Teenagers are less likely to value reading.
7. Which group of teenagers is most likely to enjoy and finish a book?
B. Those who choose the book themselves.
8. What can regular reading help improve in teenagers?
B. Vocabulary, writing, and problem-solving skills.
9. What is one possible solution to encourage teenagers to read more?
C. Providing a variety of book choices and letting teens pick.
10. According to research, what percentage of teens do not read for pleasure at all?
C. 30%

Subject 4: The Power and Influence of Social Media on Teenagers

1. What is a main reason social media is popular among teenagers?
B. It helps them stay connected with friends.
2. How do many teenagers express their creativity on social media?
B. By sharing hobbies, art, and videos.
3. What is one benefit for shy teenagers using social media?
C. They can communicate more easily online.
4. What can be a negative effect of online communication?
B. Misunderstandings or cyberbullying.
5. Why is media literacy important for social media users?
C. It helps identify fake or misleading information.
6. What is a risk of following unrealistic trends on social media?
B. It can cause stress and lower self-esteem.
7. How can teenagers stay safe on social media?
C. By using privacy settings and blocking negative users.
8. What is the best way to use social media according to the text?
A. Maintain a healthy balance and choose positive content.
9. What should teenagers remember about what they see online?
D. Most people only share positive or exciting moments.
10. How can social media help teenagers learn?
B. By following educational pages and content.

Subject 5: The Influence of Social Media on Young Adults

- 1. What is one reason social media is popular among young adults?**
C. It allows them to stay connected with friends
- 2. According to the text, how can social media be educational?**
B. Through fun and creative content on various topics
- 3. What does the text say about expressing oneself on social media?**
C. It gives users a chance to share their creativity
- 4. What is one negative effect of constantly comparing oneself to others online?**
C. Feelings of low self-worth

5. What does the text say about cyberbullying?

D. It can cause emotional stress

6. Which of the following is a suggested way to manage social media use?

C. Turning off notifications

7. Why do some people feel addicted to social media?

C. They find it difficult to stop checking their phones

8. What is the author's opinion about influencers?

A. They should be questioned like other sources

9. What does the author mean by "phone-free" hours?

D. Periods without using the phone

10. What is the main message of the text?

C. Social media has both advantages and disadvantages

Subject 6: Music Festivals in Romania: A Summer to Remember

1. What is the main idea of the text?

A. Different music festivals young people can enjoy in Romania

2. Which festival is held at a castle?

C. Electric Castle

3. What makes Neversea special compared to other festivals?

D. It takes place by the sea

4. Why is rain considered part of the Electric Castle experience?

C. Because festival-goers expect it and enjoy the mud

5. Which of the following is true about Untold Festival?

C. It features fantasy-themed decorations and shows

6. What kind of music can you expect at Jazz in the Park?

B. Jazz, blues, and indie

7. Why do many young people go to music festivals?

C. To have fun and enjoy music with friends

8. What is one thing the author recommends bringing to a festival?

B. Comfortable shoes and a raincoat

9. What is a reason to choose smaller festivals?

C. They offer a more relaxed and personal atmosphere

10. What is the author's final message about music festivals?

D. They are unforgettable experiences worth having

Subject 7: "Spider-Man: No Way Home" – A Superhero Film That Connects Generations

1. What is the main reason many teenagers loved "Spider-Man: No Way Home"?

C. It combined action, emotion, and nostalgia

2. What causes the multiverse to open in the film?

B. A mistake during a magic spell

3. Which characters return from older Spider-Man films?

C. Previous versions of Spider-Man and villains

4. What lesson does Peter Parker learn after Aunt May's death?

C. What it truly means to be a hero

5. How did fans feel when Tobey Maguire and Andrew Garfield appeared in the movie?

B. Surprised and emotional

6. Why do the villains appear in Peter's world?

B. The multiverse allows them to enter his universe

7. What makes "No Way Home" different from many other superhero films?

C) It includes deep emotional and moral themes

8. What do teenagers relate to in Peter's character?

B. His problems, choices, and friendships

9. What is true about the film's financial success?

B. It earned more than \$1.9 billion worldwide

10. What is the overall tone of the article about "No Way Home"?

C. Excited and positive

Subject 8: Why Sports Matter for Teenagers

1. What is the main idea of the text?

C. Sports are important for teenagers' physical, mental, and personal growth

2. Which of the following is a physical benefit of playing sports?

C. Increasing energy levels and heart health

3. How do sports affect mental health, according to the text?

D. They reduce stress and improve mood

4. Why are team sports helpful for emotional well-being?

C. They create a sense of belonging and support

5. Which life skill is mentioned as being learned through sports?

C. Time management and teamwork

6. What lesson can failure in sports teach teenagers?

A. Resilience and how to try again

7. What is said about healthy competition?

B. It teaches how to manage pressure and improve skills

8. How can sports help in future careers?

B. By teaching leadership and discipline valued by employers

9. What does the text say about staying active later in life?

C. Sports habits built in youth often continue into adulthood

10. What is the author's tone in the article?

C. Encouraging and positive

Subject 9: Building a Healthy Lifestyle at 18

1. What is the main idea of the article?

C. Healthy lifestyles start with small daily choices

2. Why is eating fast food regularly a problem?

A. It can lead to health issues like poor concentration and weight gain

3. What does the article recommend about breakfast?

C. It gives energy and should be simple but nutritious

4. What kind of exercise is best, according to the text?

B. Activities you enjoy and can do regularly

5. How many minutes of activity per week are recommended?

C. 150 minutes

6. What is one reason teenagers don't sleep enough?

D. They spend time on screens at night

7. How does exercise help with stress?

C. It releases chemicals that improve mood

8. What does the article suggest for better sleep?

C. Meditating or reading before sleeping

9. What is a risk of energy drinks?

D. They can cause anxiety and fast heart rate

10. What is the tone of the article?

B. Motivational and friendly

Subject 10: Computer Games – Fun, Skills, and Balance

1. What is the main idea of the article?

C. Computer games can be fun and useful if balanced well

2. What is one reason computer games are so popular?

A. They offer exciting experiences and social interaction

3. What skill might action games help develop?

C. Hand-eye coordination and reflexes

4. Why are strategy games considered helpful?

D. They improve problem-solving and planning

5. How can gaming help with social life?

C. It creates opportunities to meet and connect with others online

6. What is a possible negative effect of too much gaming?

C. Poor sleep and posture problems

7. What is a sign that someone might be addicted to gaming?

B. They forget to eat because of constant playing

8. What advice does the article give for healthy gaming?

A. Take breaks and set time limits

9. What should teenagers balance gaming with?

C. Schoolwork, exercise, and social time

10. What is the author's attitude toward gaming?

D. Balanced and realistic

Subject 11: Celebrity Fashion: The Power of Influence

1. Who are considered the biggest influencers in fashion today?

A. Celebrities

2. What is special about Rihanna's fashion brand "Fenty"?

- C. It promotes inclusivity with various sizes and shades
- 3. How has social media changed celebrity influence on fashion?
 - B. It allows celebrities to influence trends instantly
- 4. Which event is known for its extravagant fashion themes?
 - C. The Met Gala
- 5. Why is celebrity street style influential?
 - B. It shows casual outfits fans can imitate
- 6. What is a "fashion collaboration"?
 - B. A celebrity designing a line with a brand
- 7. What is a downside of fast fashion copying celebrity outfits?
 - C. It leads to overconsumption and environmental issues
- 8. What problem can celebrity fashion cause regarding body image?
 - B. It sets unrealistic beauty standards
- 9. How are celebrities expected to influence fashion in the future?
 - C. Through virtual influencers and digital fashion
- 10. What is the main message of the text?
 - D. Celebrities are the main drivers of fashion trends

Subject 12: Sports Celebrities: Heroes On and Off the Field

- 1. Why are sports celebrities considered more than just athletes today?
 - B. They also influence society and business
- 2. Which event is NOT mentioned as a global sports competition?
 - C. Wimbledon
- 3. How has social media changed the way athletes interact with fans?
 - B. It allows direct and instant connection
- 4. What cause did Marcus Rashford campaign for?
 - B. Free meals for children
- 5. Which athlete collaborated with Nike to create the "Air Jordan" sneakers?
 - A. Michael Jordan
- 6. What business does Cristiano Ronaldo NOT own?
 - C. A sports equipment company
- 7. What challenge do sports celebrities often face due to their fame?

B. Constant media scrutiny and pressure

8. Which athlete's decision to focus on mental health during the Olympics was widely discussed?

C. Simone Biles

9. How might technology affect the future of sports celebrities?

D. It will create new ways for fans to connect with athletes

10. What is the main idea of the text?

B. Sports celebrities have influence in sports, business, and society

LISTENING COMPREHENSION

LEVEL A2



SUBJECT 1: Being Famous

1. Why do some people want to be famous?
C. Because they want money and attention
2. What is one problem famous people face?
D. They have little privacy
3. How do some celebrities use their fame in a good way?
B. By helping others or charities
4. What is the main message of the text?
D. Fame has good and bad sides

SUBJECT 2: Travelling Abroad

1. Why do many people like to travel abroad?
B. To explore the world and make memories
2. What is one thing travelers should do before going abroad?
C. Learn a few words in the local language
3. What can happen when things don't go as planned while travelling?
B. You become stronger and learn
4. According to the text, what is one reason travel is valuable?
C. It gives stories and memories that last

SUBJECT 3: The Importance of Voting

1. What is the main reason voting is important?
B. It lets people choose their leaders
2. What does the text say about people in the past?
C. They had to fight for the right to vote
3. What should you do before you vote?
B. Learn about the candidates

4. What happens if you don't vote?
D. Others decide for you

SUBJECT 4: Living Life to the Fullest

1. What does living life to the fullest primarily mean?
B. Making the most of every day with passion and purpose
2. According to the text, how should we view small moments like a smile or a quiet moment?
B. As simple joys that add meaning to life
3. What role do relationships play in living life fully?
B. They enrich life by sharing experiences and creating memories
4. How does the text recommend we handle life's ups and downs?
B. Accept both with grace and learn from them

SUBJECT 5: Max Verstappen

1. How old was Max Verstappen when he made his Formula 1 debut?
B. 17
2. Which Grand Prix did Max win in his first race for Red Bull Racing?
B. Spanish Grand Prix
3. In which year did Max win his first Formula 1 World Championship?
C. 2021
4. What is one of Max Verstappen's hobbies outside of real-world racing?
C. Sim racing

SUBJECT 6: The Best Family Park

1. What time does Sunny Fields Park open?
B. 8 a.m.
2. What animals can you see in the animal corner?
B. Rabbits, goats, and chickens
3. What can you rent on the lake in summer?
C. A small boat
4. When is the music show in the park?
C. Every Saturday

SUBJECT 7: Advantages and Disadvantages of Being Famous

1. What is one big advantage of being famous?
B) You can earn a lot of money
2. What is one problem famous people face?
C) They lose privacy
3. Why can being famous be stressful?
A) They must always look good
4. What is the conclusion of the text?
C) Being famous has good and bad sides

SUBJECT 8: The Importance of Having a Hobby

1. What is one reason hobbies are important?
B. They help you relax
2. What can you learn from a hobby like cooking?
C. New recipes and skills
3. How can hobbies help you meet new people?
A. By joining a club or team
4. What feeling can hobbies give you when you complete something?
B. Pride

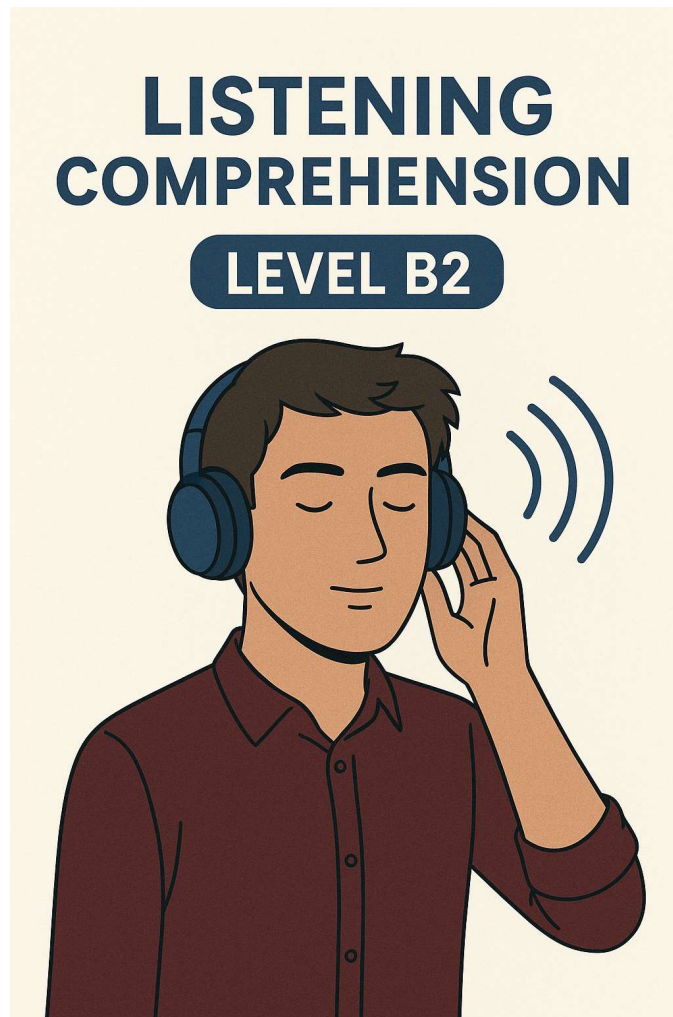
SUBJECT 9: Choosing the Right Career for You

1. Why is it important to choose the right career?
B. Because you will work in it for many years
2. What should you think about first when choosing a career?
B. What you enjoy doing
3. What is one way to learn more about a career?
B. Talk to people who work in that career
4. What is the main message of the text?
B. You should pick a career that makes you happy and suits you

SUBJECT 10: Taylor Swift - The Eras Tour

1. What is the name of Taylor Swift's new tour?
B. The Eras Tour

2. **What kinds of songs does Taylor perform on this tour?**
 - C. Songs from different stages of her career
3. **Why do some fans travel to other cities for the concerts?**
 - B. Because tickets in their city were sold out
4. **What is one effect of Taylor's concerts on local businesses?**
 - A. Hotels and restaurants are busier



SUBJECT 1: Why the EU is Important

1. **Why was the EU created after World War II?**
 - B. To bring peace, stability, and prosperity
2. **What is one benefit of the EU's single market?**
 - B. People can move freely between member states

- 3. How does the EU protect its citizens?**
B. By setting laws for fair work, human rights, and the environment
- 4. Why does the EU have more influence internationally than single countries?**
B. It can act together to negotiate and solve global problems
- 5. How does the EU help poorer regions?**
B. By investing in infrastructure, education, and jobs
- 6. What is one challenge the EU faces?**
B. Disagreements between member states

SUBJECT 2: The Dangers of TikTok

- 1. What is one main reason TikTok can be addictive?**
B. Its algorithm shows content based on users' interests
- 2. What is a possible effect of spending too much time on TikTok?**
C. Increased anxiety and depression
- 3. What is one example of inappropriate content on TikTok?**
B. Dangerous viral challenges
- 4. Why are some governments worried about TikTok?**
B. Because it collects large amounts of user data
- 5. What is one form of harm that can occur through TikTok comments?**
B. Online bullying
- 6. What is one way to make TikTok use safer?**
C. Use parental controls for younger users

SUBJECT 3: Michael Jackson – The King of Pop

- 1. What was the name of Michael Jackson's family music group?**
C. The Jackson 5
- 2. Which album is the best-selling of all time?**
C. Thriller
- 3. What was Michael Jackson's signature dance move?**
B. The moonwalk
- 4. What charity song did Michael Jackson co-write and perform with other artists?**
B. We Are the World
- 5. What caused Michael Jackson's death in 2009?**
C. Acute propofol intoxication
- 6. How is Michael Jackson's legacy described in the script?**
C. An undeniable King of Pop

SUBJECT 4: Teenagers Using AI for School

- 1. What is one way AI personalizes learning for students?**
B. By adjusting lessons to individual needs
- 2. Which is an example of AI saving students time?**
C. Providing quick summaries of articles
- 3. What is one risk of overreliance on AI?**
B. Students may not develop critical thinking skills
- 4. How do many schools respond to the use of AI in homework?**
B. They introduce rules about its use
- 5. What is a privacy concern related to AI tools?**
B. They may collect and share user data
- 6. What is the main message of the conclusion?**
B. AI should be used carefully and responsibly

SUBJECT 5: Eating Habits for Teenagers

1. Why is skipping breakfast a problem for teenagers?
B. It can cause tiredness and overeating later
2. What is the main risk of eating too much fast food?
C. It can lead to health problems
3. Which drink is recommended for teenagers instead of sugary drinks?
C. Water
4. What can influence a teenager's eating choices?
B. Peer pressure
5. How does exercise support a healthy diet?
B. It improves mental and physical health
6. What is the main message of the text?
C. Balance and variety are key to healthy eating

SUBJECT 6: Travelling Abroad While Studying

1. What is one academic benefit of studying abroad?
B. Experiencing different teaching methods
2. How can studying abroad improve language skills?
C. Through everyday interactions in a foreign language

3. Which personal skills can be developed while living abroad?
A. Independence and adaptability
4. What is mentioned as a possible difficulty of studying abroad?
C. Cultural differences and costs
5. How can students make the experience of studying abroad easier?
B. By planning ahead and researching the host country
6. What is the main message of the text?
C. Travelling abroad while studying can be highly rewarding with preparation

SUBJECT 7: You Should Go to Untold at Least Once

1. **Where does Untold Festival take place?**
C. Cluj-Napoca, Romania
2. **In which year was the first Untold Festival held?**
B. 2015
3. **Which of the following artists has performed at Untold?**
C. David Guetta
4. **What is one special feature of the festival's atmosphere?**
B. A fairytale-inspired setting
5. **What kind of traditional Romanian food is mentioned in the script?**
B. Mici
6. **What advice does the narrator give about planning for Untold?**
C. Book accommodation far in advance

SUBJECT 8: Going on a Work and Travel to America as a Student

1. **What type of jobs are most common in the Work and Travel program?**
B. Jobs in hospitality and tourism
2. **What is one financial advantage of the program?**
C. Students can cover living costs with their salary
3. **After finishing the job, how long can students usually travel in the U.S.?**
C. One month
4. **Which of these is mentioned as a travel destination in the U.S.?**
B. Yellowstone National Park
5. **What skill can the program help improve?**
C. English communication

- 6. What is one requirement for applying to Work and Travel?**
B. Being a full-time student

SUBJECT 9: Getting Ready for Exams

- 1. What is the first step in getting ready for exams mentioned in the script?**
B. Creating a study plan
- 2. Why is it important to divide your subjects into smaller topics?**
B. To avoid last-minute panic
- 3. What is suggested for creating a good study environment?**
C. Keeping the space tidy and free from distractions
- 4. Which is an example of an active study technique?**
C. Explaining the topic to a friend
- 5. What is said about sleeping before an exam?**
B. Sleeping well helps focus
- 6. What should you do the night before the exam?**
C. Prepare all the materials you need

SUBJECT 10: College: The Transition to Adulthood

- 1. What is one of the main themes of the passage?**
B. The process of becoming more independent
- 2. What new responsibility do students often face when moving away from home?**
B. Cooking and doing laundry
- 3. Why is time management important in college?**
B. Because students have more free hours and need to use them wisely
- 4. What financial skill is mentioned as useful for life after college?**
B. Saving money and budgeting
- 5. What can meeting people from different backgrounds in college help with?**
B. Improving communication skills
- 6. What does the script say about adulthood?**
B. It is a process that continues beyond college

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LISTENING COMPREHENSION

LEVEL A2



SUBJECT 1: Being Famous

Many people dream about being famous. They want to be singers, actors, YouTubers, or sports stars. Fame can bring a lot of good things. Famous people often have money, fans, and exciting lives. They travel to beautiful places, wear nice clothes, and go to big events. Many people follow their lives on social media and want to be just like them.

But being famous is not always easy. Celebrities are always in the public eye. That means they don't have much privacy. Sometimes, they can't even go shopping or eat in a restaurant without someone taking pictures. Their lives are always in the news, and people talk about them a lot—even when it's not true.

Famous people also feel pressure. They always have to look good and be careful about what they say. If they make a mistake, the whole world may see it. This can be stressful and tiring. Some celebrities say they feel lonely or sad because they don't know who to trust. Are people being kind because they care, or just because they are famous?

Still, many people enjoy being famous, especially when they use their fame to help others. Some celebrities give money to charities, talk about important problems, or support young people who look up to them.

In the end, being famous has both good and bad sides. It can bring success and happiness, but it also comes with stress and hard work. So before dreaming of fame, it's good to think about what really matters in life.

SUBJECT 2: Travelling Abroad

Travelling abroad is an exciting and special experience. It allows you to see new places, meet different people, and learn about other cultures. Many people choose to travel during their holidays to explore the world and make new memories.

When you travel to another country, you can try new food, listen to different music, and see how people live in different ways. For example, in Japan, people eat with chopsticks, while in India, meals are often shared with family and eaten by hand. These small things help us understand the world better.

Before going abroad, it is important to plan your trip well. You need to check if you need a visa, make sure your passport is valid, and book a place to stay. It is also a good idea to learn a few words in the local language, like “hello”, “thank you”, and “please”. This shows respect and makes it easier to talk to locals.

Travelling can also help you grow as a person. It teaches you to be more open, patient, and independent. Sometimes, things do not go as planned — maybe your flight is late or you get lost. But these problems help you learn and become stronger.

Many people say that travelling is one of the best ways to spend money, because the memories and lessons you gain stay with you forever. Whether you go to a big city or a quiet village, travelling gives you stories to tell and experiences to remember.

So, if you ever have the chance to travel abroad, take it! It may change the way you see the world — and yourself.

SUBJECT 3: The Importance of Voting

Voting is one of the most important rights we have in a democracy. It allows people to choose their leaders and have a say in how the country is run. Every vote counts, and every voice matters.

Some people think their vote is too small to make a difference, but that’s not true. In some elections, just a few votes can change the result. When you vote, you help decide things like schools, healthcare, and jobs. You are helping to shape the future of your country.

Voting also shows that you care about your community. It is a chance to support the ideas and people you believe in. If you don’t vote, others make the decision for you. By voting, you are using your voice to speak up for what you think is right.

In the past, many people had to fight for the right to vote. Some were even arrested or hurt. That’s why voting is a special and powerful thing. Today, most people can vote easily. You just need to register, learn about the candidates, and go to the voting station.

It’s also a good idea to read or listen to news about the election. That way, you can make a smart choice. Ask questions, talk to others, and think about what is best for your country.

Remember, your vote is your voice. Use it. It's your chance to make a difference.

SUBJECT 4: Living Life to the Fullest

Life is a precious gift, a unique journey that offers countless opportunities to grow, explore, and experience the world around us. Living life to the fullest means embracing each moment with passion and purpose. It's about making the most of every day, no matter the circumstances.

To truly live fully, start by appreciating the small things—whether it's a smile from a stranger, the warmth of the sun, or a quiet moment alone. These simple joys add up to a meaningful life. Don't be afraid to step out of your comfort zone. Growth happens when challenges are faced and fears overcome.

Building strong relationships with family, friends, and community enriches life. Sharing experiences and creating memories with loved ones fills our hearts and gives life deeper meaning. At the same time, make space for self-care and personal dreams. Pursue your passions, hobbies, and goals with enthusiasm.

Remember, living fully also means accepting life's ups and downs with grace. Every success and failure teaches valuable lessons, helping us become wiser and more resilient. Take time to reflect and be grateful for your journey so far.

In the end, living life to the fullest is a personal choice. It's about finding balance, joy, and purpose in a world full of possibilities. So, embrace today with an open heart, a curious mind, and a willingness to make the most of the time you have. Your life is your story—make it extraordinary.

SUBJECT 5: Max Verstappen

Max Verstappen isn't just a Formula 1 driver — he's one of the biggest names in the sport today. Born on September 30, 1997, in Hasselt, Belgium, Max grew up surrounded by racing. His father, Jos Verstappen, was a former Formula 1 driver, and his mother, Sophie Kumpen, was a successful kart racer. You could say speed runs in his veins.

Max started karting at the age of four — that's before most kids even learn to ride a bike without training wheels. He quickly began winning junior championships, and by the time he was a teenager, he was competing — and winning — against adults.

In 2015, at just 17 years old, Max made his Formula 1 debut with Toro Rosso, becoming the youngest driver ever to start an F1 race. He couldn't even legally drive a regular car on the road in some countries, but he was racing at over 300 km/h on the track!

His breakthrough moment came in 2016 when he moved to Red Bull Racing. In his very first race for them, the Spanish Grand Prix, he took the win — making him the youngest race winner in Formula 1 history.

Since then, Max has built a reputation for aggressive overtakes, fearless driving, and incredible consistency. He became World Champion in 2021 after an unforgettable showdown with Lewis Hamilton in Abu Dhabi. Then, he defended his title in 2022 and dominated the 2023 season, breaking records for most wins in a year.

Off the track, Max is known for being focused, direct, and passionate about sim racing. When he's not traveling the globe for races, you might find him competing online with friends.

Whether you love his no-nonsense style or his raw talent, one thing's certain — Max Verstappen is changing the face of Formula 1 and inspiring a new generation of racing fans.

SUBJECT 6: The Best Family Park

There is a park in our town called Sunny Fields Park. Many people say it is the best family park in the whole area. It is a big, green place where everyone can have fun.

Sunny Fields Park is open every day from 8 in the morning until 8 at night. In the middle of the park, there is a large playground with swings, slides, and a climbing wall. Children love to play there. Next to the playground, there is a small café where parents can drink coffee or tea while they watch their children.

For people who like sports, the park has a football field and a basketball court. There is also a long path for walking, running, or cycling. On sunny days, you can see families having picnics on the grass. Some people bring blankets and sandwiches, and others buy ice cream from the small shop near the entrance.

One of the most popular places in the park is the animal corner. Here, you can see rabbits, goats, and chickens. Children can feed the animals with special food from a machine. This is safe and fun, and it helps children learn about animals.

Sunny Fields Park also has a lake with ducks and fish. In summer, you can rent a small boat and sail for 30 minutes. Many people take photos there because the view is beautiful.

Every Saturday, there is a music show in the park. Local bands play songs, and families sit together to listen. Sometimes there are games and small prizes for children.

Sunny Fields Park is free to enter, and it is clean and safe. It is a place where everyone can relax and enjoy time together. That is why it is the best family park in town.

SUBJECT 7: Advantages and Disadvantages of Being Famous

Many people dream of being famous. They imagine a life of fun, money, and excitement. But being famous has both advantages and disadvantages.

One big advantage is money. Famous people like singers, actors, or sports stars often earn a lot. They can buy big houses, nice clothes, and travel to beautiful places. They also get free gifts from companies because people want to see them use their products.

Another advantage is opportunities. Famous people can meet other important people, work on exciting projects, and have a big influence. They can use their fame to help charities or speak about important problems in the world.

However, being famous also has disadvantages. One problem is lack of privacy. Photographers and reporters often follow famous people everywhere. Their private life becomes public, and sometimes people write things that are not true.

Another disadvantage is pressure. Famous people must always look good and act perfectly in public. If they make a mistake, it is on the news or social media very quickly. This can be stressful and make them feel lonely.

Also, some people become famous very young. They may not know how to handle the attention, and it can be difficult for them to trust others. Some friends may only like them because they are famous.

In conclusion, being famous can be exciting and bring many rewards, but it can also be stressful and lonely. It is not always as perfect as it looks on TV or the internet.

SUBJECT 8: The Importance of Having a Hobby

Having a hobby is a wonderful way to spend your free time. A hobby is something you enjoy doing regularly, such as playing a sport, reading books, painting, or gardening. Hobbies are not only fun, but they can also make your life better.

One important benefit of having a hobby is relaxation. Life can be stressful with work, school, and other responsibilities. When you take time to do something you love, you can forget your worries for a while and feel calmer. For example, painting a picture or listening to music can help you relax after a busy day.

Hobbies can also help you learn new skills. If you enjoy cooking, you can try new recipes and improve your abilities. If you like sports, you can become stronger and healthier. Some hobbies, like learning a language or playing a musical instrument, can even help your brain stay active.

Another great thing about hobbies is that they can connect you with other people. Joining a club or a sports team allows you to meet people who share your interests. This can lead to new friendships and a sense of belonging.

Finally, hobbies can give you a sense of achievement. When you finish a book, complete a puzzle, or grow a plant from a seed, you feel proud of what you have done. This can make you happier and more confident.

In short, hobbies are more than just fun activities. They can improve your health, teach you new skills, and help you connect with others. So, find something you enjoy and make it a part of your life.

SUBJET 9: Choosing the Right Career for You

Choosing the right career is one of the most important decisions in life. Your career is the kind of work you will do for many years, so it is important to pick something that matches your skills, interests, and values.

First, think about what you enjoy doing. If you like working with numbers, you might enjoy a job in finance or accounting. If you love helping people, you could work in healthcare or education. Doing something you enjoy will make your job more satisfying and easier to do well.

Second, think about your skills. Are you good at speaking and explaining ideas? Maybe a career in teaching or sales is right for you. Are you creative and like designing? You might enjoy working in art, fashion, or advertising. Knowing your strengths will help you choose a job where you can succeed.

Third, consider the kind of lifestyle you want. Some jobs require long hours or a lot of travel, while others have regular schedules and more free time. It is important to choose a job that fits the way you want to live.

It is also a good idea to talk to people who already work in the careers you are interested in. They can tell you about the daily tasks, the challenges, and the rewards of their jobs. You can also try short training courses or internships to see if you like the work before making a final decision.

Remember, choosing a career is not only about making money. It is about finding a job that makes you happy, uses your skills, and fits your life. When you choose the right career, you can enjoy your work and feel proud of what you do.

SUBJECT 10: Taylor Swift - The Eras Tour

Taylor Swift is one of the most famous singers in the world, and her concerts attract thousands of fans. Recently, she started a new world tour, visiting many countries across North America, Europe, Asia,

and Australia. The tour is called *The Eras Tour*, and it celebrates all the different stages of her music career.

At each concert, Taylor performs songs from her first albums as well as her newest hits. Fans get to hear country songs, pop songs, and even some songs she wrote during the pandemic. The concerts are very colorful, with big screens, amazing lights, and special effects. Many fans dress up in outfits inspired by her songs and albums.

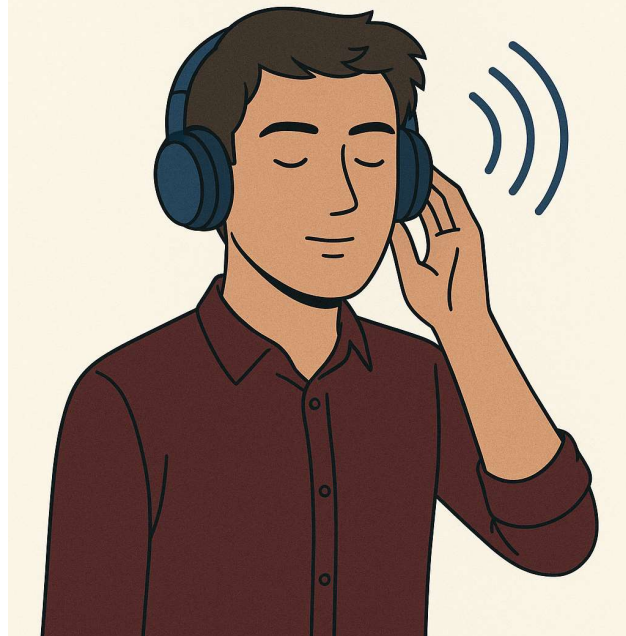
The tour is not only about music. Taylor also talks to the audience between songs, sharing stories about her life and how she wrote certain songs. This makes the concerts feel personal and special.

Tickets for Taylor Swift’s tour sell out very quickly. In some places, they were sold out within minutes. Because of this, some fans travel to other cities or even other countries just to see her perform. Hotels and restaurants in these cities are often full during the concert days, which helps local businesses.

For many fans, going to a Taylor Swift concert is a dream come true. It’s not just about hearing the music — it’s about being part of a big, happy crowd, singing and dancing together.

LISTENING COMPREHENSION

LEVEL B2



SUBJECT 1: Why the EU is Important

The European Union, or EU, is a political and economic partnership between 27 European countries. It was created after the Second World War with the aim of bringing peace, stability, and prosperity to the continent. Over time, the EU has become one of the most influential organizations in the world, affecting the daily lives of more than 440 million people. But why is it so important?

First, the EU promotes peace and cooperation. Before it was formed, Europe experienced centuries of wars and conflicts between its nations. By encouraging countries to work together, share resources, and solve problems through discussion rather than conflict, the EU has helped keep peace in the region for over seventy years.

Second, the EU creates a single market. This means goods, services, money, and people can move freely between member states. For example, a company in Germany can sell products to France without paying extra taxes, and a student from Spain can study in Italy without needing a visa. This freedom makes trade easier, increases competition, and offers more opportunities for citizens.

Third, the EU protects the rights of its citizens. It has laws that ensure fair working conditions, protect the environment, and defend human rights. It also guarantees the right to live, work, and travel in any EU country. In many ways, being an EU citizen brings benefits similar to having extra freedoms within your own country.

Fourth, the EU gives its members a stronger voice in the world. As a group, the EU can negotiate better trade deals, respond more effectively to global challenges like climate change, and provide humanitarian aid to countries in need. Acting together gives the EU more influence than individual countries might have on their own.

Finally, the EU supports development in poorer regions. Through its budget, it invests in infrastructure, education, and job creation in areas that need it most. This helps reduce economic differences between regions, making the union more balanced and fair.

Of course, the EU also faces challenges, such as disagreements between member states, questions about its future direction, and criticism from people who believe it takes too much power from national governments. However, despite these debates, it is clear that the EU has played a vital role in building a more peaceful, connected, and prosperous Europe.

In short, the EU is important because it promotes peace, creates economic opportunities, protects rights, strengthens the voice of its members, and supports those in need. Whether you agree with all of its policies or not, its influence on Europe — and the world — is undeniable.

SUBJECT 2: The Dangers of TikTok

TikTok is one of the most popular social media platforms in the world, especially among teenagers and young adults. It allows users to create and share short videos, often with music, filters, and

special effects. While TikTok can be fun and creative, experts warn that it also carries certain risks that people should be aware of.

One of the biggest concerns is **addiction**. TikTok’s algorithm shows users videos based on their interests, keeping them engaged for hours. This can lead to excessive screen time, which may affect sleep patterns, school performance, and even mental health. Some studies suggest that spending too much time on TikTok can increase feelings of anxiety and depression.

Another danger is **exposure to inappropriate content**. Although TikTok has rules against harmful videos, not all inappropriate content is removed quickly. Young users may see dangerous challenges, false information, or videos promoting unhealthy behaviors. For example, some viral challenges have encouraged risky actions, leading to injuries and even deaths.

Privacy is also a serious issue. TikTok collects a large amount of data from its users, including their location, device information, and browsing habits. Critics worry that this data could be misused or shared without proper consent. Some governments have even considered banning the app over security concerns.

Then there is the issue of **online bullying**. Like many social media platforms, TikTok can be a place where people receive negative or abusive comments. This kind of harassment can harm self-esteem and mental well-being, especially among younger users.

To reduce these risks, experts recommend setting time limits for TikTok use, using parental controls for younger audiences, and being careful about what information you share online. It’s also important to think critically about the content you watch and to avoid dangerous trends.

In conclusion, TikTok is not all bad — it can be entertaining, educational, and a great tool for self-expression. However, like any technology, it should be used responsibly. Understanding its dangers is the first step to making it a safe and positive experience.

SUBJECT 3: Michael Jackson – The King of Pop

Michael Jackson, often called *The King of Pop*, was one of the most influential musicians in history. Born on August 29, 1958, in Gary, Indiana, Jackson began his career at a very young age as part of the family group, **The Jackson 5**. Alongside his brothers, he quickly rose to fame in the late 1960s with hits like *ABC* and *I Want You Back*.

As a solo artist, Michael Jackson transformed the music industry. His 1982 album *Thriller* became the best-selling album of all time, with more than 66 million copies sold worldwide. The title track, along with iconic songs like *Billie Jean* and *Beat It*, revolutionized pop music with their catchy melodies, innovative music videos, and groundbreaking dance moves. Jackson’s *moonwalk* became his signature move and inspired generations of performers.

Beyond music, Michael Jackson was also known for his **humanitarian work**. He supported dozens of charities, raised millions of dollars for good causes, and often used his fame to speak about important issues such as children's rights and world peace. His song *We Are the World*, recorded with other famous artists, raised millions for famine relief in Africa.

However, Jackson's life was not without controversy. His appearance changed dramatically over the years, leading to public speculation. He also faced serious allegations that damaged his reputation, although he always denied them and was acquitted in court. These controversies, along with his unusual lifestyle, often overshadowed his musical achievements in the media.

In the 1990s and early 2000s, Jackson continued to release music and tour internationally, although his popularity declined compared to his peak in the 1980s. Tragically, on June 25, 2009, Michael Jackson died at the age of 50 from acute propofol intoxication. His death shocked the world, and millions of fans mourned the loss of a global icon.

Even after his death, Michael Jackson's influence remains strong. His music, videos, and style continue to inspire artists across all genres. Whether remembered for his record-breaking albums, his unforgettable dance moves, or his dedication to charity, Michael Jackson's legacy as the *King of Pop* is undeniable.

SUBJECT 4: Teenagers Using AI for School

In recent years, Artificial Intelligence, or AI, has become a powerful tool for education, especially among teenagers. From writing assistance to solving complex math problems, AI is transforming the way students learn, study, and complete assignments. Many teenagers now use AI-powered applications such as chatbots, grammar checkers, and study planners to improve their work and manage their time more effectively.

One of the main advantages of using AI in school is **personalized learning**. Traditional classrooms often teach all students in the same way, but AI can adapt to individual needs. For example, a language-learning app might notice that a student struggles with grammar but learns vocabulary quickly, and then adjust the lessons accordingly. This makes learning more efficient and engaging.

AI can also save students a lot of time. Instead of spending hours searching for information online, they can use AI tools to get quick summaries of articles or explanations of difficult concepts. Some students even use AI to prepare for exams by generating practice questions or flashcards.

However, there are also risks. One of the biggest concerns is **overreliance**. If students use AI to write essays or do homework without understanding the material, they may not develop the critical thinking skills they need. Teachers worry that some teenagers might simply copy AI-generated answers without making any effort to learn.

There are also questions about **ethics and honesty**. Using AI to complete an assignment without permission can be considered cheating. Many schools are now introducing rules about how AI can be used in classwork and homework. Students are encouraged to see AI as a helper, not a replacement for their own thinking.

Privacy is another issue. AI tools often collect user data, such as what students search for or how they perform on tasks. If this information is not stored securely, it could be shared without consent.

In conclusion, AI offers exciting opportunities for teenagers to learn more effectively, but it should be used responsibly. The challenge is finding the right balance—using AI to support learning without replacing human effort. Like any powerful tool, it can be beneficial or harmful, depending on how it is used.

SUBJECT 5: Eating Habits for Teenagers

Eating habits play a crucial role in the health and development of teenagers. The teenage years are a period of rapid growth—both physically and mentally—and the body needs the right fuel to perform well. Unfortunately, many young people today face challenges in maintaining a balanced diet due to busy schedules, peer influence, and the easy availability of unhealthy foods.

One common issue is skipping breakfast. Some teenagers believe that skipping the first meal of the day can help them lose weight, but in reality, it can have the opposite effect. When you skip breakfast, you may feel tired, have trouble concentrating, and end up overeating later in the day. A nutritious breakfast, including whole grains, fruits, and protein, can help maintain energy and focus during school hours.

Another challenge is the high consumption of processed foods. Fast food, sugary drinks, and packaged snacks are convenient and tasty, but they are often high in sugar, salt, and unhealthy fats. Eating these foods too often can lead to long-term health problems, such as obesity, diabetes, and heart disease. While it's fine to enjoy them occasionally, they should not replace regular, healthy meals.

Balanced eating means including a variety of food groups: fruits and vegetables for vitamins and minerals, protein for muscle growth, whole grains for energy, and healthy fats for brain function. Teenagers should also drink enough water throughout the day instead of relying on sugary drinks. Hydration helps with concentration, skin health, and overall performance.

Social and emotional factors also affect eating habits. Some teenagers eat too much when they are stressed, while others lose their appetite. Peer pressure can also influence food choices, as friends might encourage eating fast food or skipping meals. Learning to make independent, healthy choices is an important life skill.

Finally, regular physical activity should go hand in hand with healthy eating. Exercise helps manage weight, strengthens bones and muscles, and improves mental health. Combined with a balanced diet, it sets the foundation for a healthy adulthood.

In conclusion, good eating habits are not about strict diets or cutting out certain foods entirely. They are about balance, variety, and making choices that support both the body and the mind. Teenagers who develop healthy eating patterns now will carry these habits into the future, benefiting them for a lifetime.

SUBJECT 6: Travelling Abroad While Studying

Travelling abroad while studying is becoming more and more popular among students around the world. Many universities now offer exchange programmes, study-abroad semesters, or short courses in foreign countries. This experience can be exciting, challenging, and deeply rewarding, as it combines education with cultural exploration.

One of the greatest benefits is the opportunity to learn in a different academic environment. Different countries may use different teaching methods, and students can gain new perspectives on their subjects. For example, a history student in Europe might be able to visit historical sites as part of their lessons, while a business student in Asia could learn directly from local companies. These experiences can make learning more engaging and practical.

Travelling abroad also improves language skills. Even if a student's main classes are in English, living in a foreign country means interacting with locals in their native language. Ordering food, asking for directions, or joining social events all help to build confidence in speaking and understanding another language.

Another major advantage is personal growth. Living away from home teaches independence, problem-solving, and adaptability. Students must manage their own budgets, plan their schedules, and sometimes deal with challenges such as homesickness or cultural differences. These life skills are valuable not only for academic success but also for future careers.

Of course, travelling abroad while studying is not without difficulties. It can be expensive, and not all students have access to scholarships or financial support. Adapting to a new culture can also be overwhelming at first. However, for many, the benefits outweigh the challenges. Planning ahead, researching the host country, and staying open-minded can make the experience smoother and more enjoyable.

Finally, studying abroad allows students to build an international network of friends and professional contacts. These connections can be useful later in life, whether for job opportunities, collaborations, or simply as a way to keep exploring the world.

In conclusion, travelling abroad while studying offers academic, personal, and cultural advantages. It requires courage and preparation, but the rewards can last a lifetime. For students willing to step out of their comfort zone, it can be one of the most enriching experiences of their education.

SUBJECT 7: You Should Go to Untold at Least Once

Have you ever been to a music festival that felt like stepping into another world? If not, let me tell you why you should go to Untold at least once in your life.

Untold Festival takes place every summer in Cluj-Napoca, a vibrant city in the heart of Romania. Since its first edition in 2015, it has grown into one of Europe's biggest electronic music festivals, attracting more than 300,000 visitors from all over the globe. For four magical days and nights, the city transforms into a playground of music, light, and unforgettable energy.

The main stage is breathtaking — huge LED screens, spectacular fireworks, and an impressive sound system that makes you feel the bass in your bones. World-famous DJs like Armin van Buuren, David Guetta, and Martin Garrix have all performed here, playing sets that last until sunrise. There are also smaller stages with different genres, from live bands to underground techno, so everyone can find something they love.

But Untold is not only about music. The festival atmosphere is unique because of its fantasy-inspired theme. The stages and decorations often look like something from a fairytale — giant castles, glowing forests, and mystical creatures roaming the grounds. It's like being part of a dream, where reality fades away and you just enjoy the moment.

Food lovers will also be happy. From traditional Romanian dishes to international street food, the festival offers an incredible variety of tastes. You can try mici, a type of grilled meat, or enjoy sweet treats like papanasi, a delicious donut with jam and cream. And of course, there are plenty of options for vegetarians and vegans too.

One of the things people love most about Untold is the friendly crowd. Even though tens of thousands of people attend, there's a sense of togetherness. Strangers dance side by side, share stories, and make new friendships that can last a lifetime. The positive energy is contagious — it's hard not to smile when everyone around you is having such a great time.

Of course, like any big festival, it's important to plan ahead. Tickets usually sell out months in advance, and accommodation in Cluj becomes very expensive during the festival. Many visitors book their stays a year before. Comfortable shoes, sunscreen, and ear protection are also smart to bring along — you'll be on your feet for hours, and the music is loud.

Whether you're a hardcore electronic music fan or just someone who enjoys live performances and a lively atmosphere, Untold offers something unforgettable. It's more than just a festival — it's an experience that can open your mind, lift your spirit, and leave you with memories you'll treasure forever.

So, if you ever get the chance, go to Untold at least once. You might just find yourself coming back every year.

SUBJECT 8: Going on a Work and Travel to America as a Student

Have you ever dreamed of spending a summer in the United States, earning money, and exploring a new culture? For many university students, the Work and Travel program makes that dream come true.

Work and Travel is an exchange program that allows students from different countries to work legally in the U.S. during their summer break. The jobs are usually in the hospitality and tourism industry — positions like hotel receptionist, lifeguard, waiter, or amusement park attendant. You don't need years of experience, but you do need to be responsible, speak at least intermediate English, and be willing to work hard.

One of the biggest advantages of the program is that you can cover your living costs while you're there. Your employer pays you a salary, and in many cases, offers affordable housing or even free accommodation. This means you can save part of your earnings for travel after your contract ends.

And that's the exciting part — the "travel" in Work and Travel. When your job finishes, you usually have up to one month to explore the United States. Some students visit big cities like New York, Los Angeles, and Chicago, while others prefer natural wonders such as the Grand Canyon, Niagara Falls, or Yellowstone National Park.

The program is also a great opportunity to improve your English. Working with Americans and other international students means you will be speaking English every day in real situations — far more effective than just learning in a classroom. You'll also learn about American culture, traditions, and daily life, which can be very different from your own.

Of course, Work and Travel is not only about fun. The work can be challenging — long hours, standing for most of the day, or dealing with demanding customers. But these experiences can help you develop valuable skills like communication, problem-solving, and teamwork, which are useful in any future career.

Applying for the program requires some preparation. You usually need to be a full-time student, have a valid passport, and pass an interview to show your English level. There are also program fees to cover your visa and other costs, so it's important to plan your budget in advance.

Many students say that Work and Travel was one of the best experiences of their lives. They return home with new friends from all over the world, better language skills, and memories that will last forever. So, if you're a student looking for an adventure that combines work, travel, and personal growth, this could be the perfect choice for you.

SUBJECT 9: Getting Ready for Exams

Exams can be stressful for almost every student, but the right preparation can make a big difference. Getting ready for exams is not just about studying hard — it’s about studying smart.

The first step is to create a realistic study plan. Instead of trying to learn everything at once, divide your subjects into smaller topics and set clear goals for each day. This helps you avoid last-minute panic and gives your brain time to absorb the information. It’s also important to be honest about how much time you can study each day and include breaks in your schedule.

Next, find your ideal study environment. Some people prefer complete silence, while others focus better with soft background music. Make sure your space is tidy, well-lit, and free from distractions like social media or television. A good chair and desk can also help you stay comfortable for longer periods.

Using active study techniques can make your learning more effective. Instead of just reading your notes, try summarising them in your own words, creating mind maps, or explaining the topic to a friend. Practice with past exam papers or quizzes to get familiar with the type of questions you might face.

Don’t forget about your body and mind. Getting enough sleep is essential — staying up all night before an exam usually makes you more tired and less focused. Eating healthy foods like fruits, vegetables, and whole grains can give you steady energy, while drinking too much coffee or energy drinks might make you nervous. Exercise, even something as simple as a short walk, can help reduce stress and keep your mind fresh.

As the exam day approaches, review your notes but avoid learning completely new material at the last minute. It’s better to strengthen what you already know. Prepare everything you’ll need for the exam — pens, pencils, calculator, or ID — the night before, so you’re not rushing in the morning.

Finally, remember to stay calm. A few deep breaths before the exam can help you relax and focus. Believe in the work you’ve done, and don’t compare yourself to others. Exams are not only a test of your knowledge but also a chance to show your preparation skills and confidence.

With good planning, healthy habits, and a positive mindset, you can approach your exams feeling ready and in control.

SUBJECT 10: College: The Transition to Adulthood

Starting college is one of the biggest changes in a young person’s life. It’s not only about studying at a higher level — it’s also about becoming more independent and learning to manage life as an adult.

For many students, college means moving away from home for the first time. Suddenly, you are responsible for your own meals, laundry, and daily routines. At first, this freedom feels exciting, but it can also be challenging. You need to make decisions without your parents’ guidance and deal with the consequences yourself.

Another big change is time management. In high school, your schedule is usually set by the school, but in college, you often have more free hours between classes. It might feel like you have plenty of time, but without good organisation, deadlines and exams can quickly become stressful. Learning to prioritise tasks and balance study, work, and social life is a key skill for adulthood.

College also brings financial responsibilities. Some students work part-time jobs to cover expenses, while others learn to budget their money carefully. It's important to understand how to manage income, savings, and bills — skills that will be useful for the rest of your life.

Socially, college is a place where you meet people from many different backgrounds and cultures. Making new friends, joining clubs, or participating in events can help you build confidence and improve your communication skills. At the same time, you may experience conflicts or misunderstandings, and learning how to resolve them is another step toward maturity.

Perhaps one of the most valuable parts of the college experience is learning about yourself. You might discover new interests, change your career goals, or realise what kind of environment you thrive in. These years are an opportunity to try new things, make mistakes, and grow from them.

Of course, the transition to adulthood doesn't happen overnight. It's a process that continues throughout your college years and beyond. But by facing challenges, taking responsibility, and making thoughtful choices, you can build a strong foundation for your future.

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